

Interactive Journaling®



ALTERNATIVES

YOUTH DIVERSION EDUCATION PROGRAM

RESOURCES

to SUPPORT PERSONAL CHANGE

Over 25 million people have used Interactive Journals to make positive changes in their lives.

The Change Companies® collaborates with hundreds of professionals and providers to create program content, implementation methods, training options and outcome measurements.

Interactive Journaling® curricula are used in many behavior change fields, including prevention and intervention, justice services, substance use treatment, impaired driving, healthcare, mental health.

INTERACTIVE



JOURNALING®



Interactive Journaling® is a structured and experiential writing process that motivates and guides participants toward positive life change. This evidence-based practice brings consistency to service delivery while keeping program participants engaged and focused on their personal change goals.

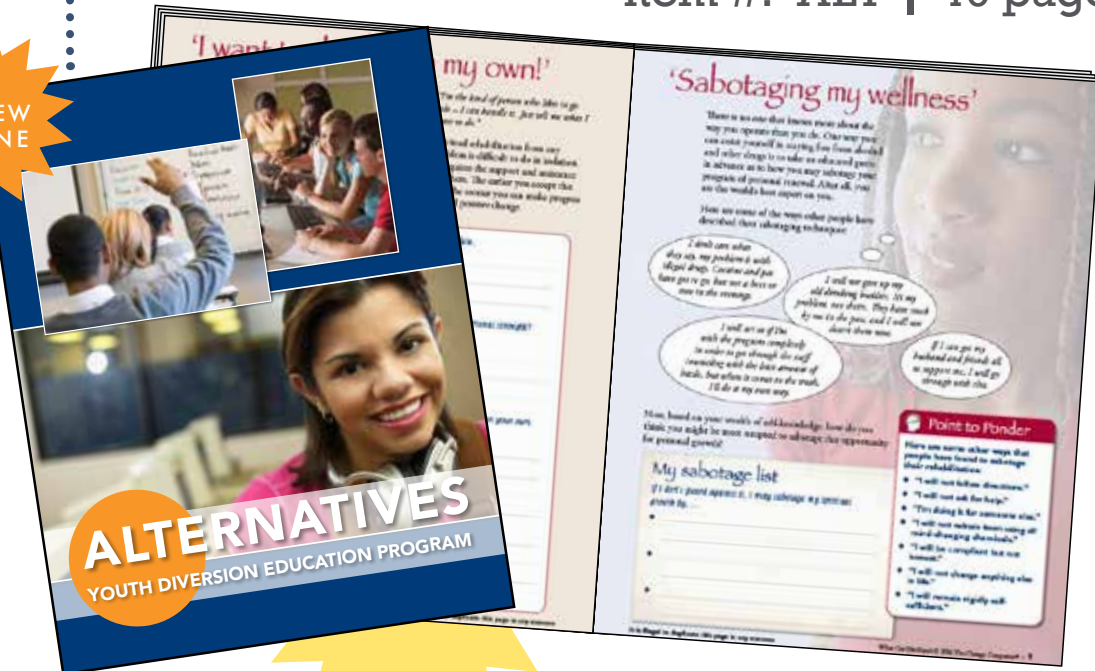
ALTERNATIVES Journal

Alternatives is a fresh approach to youth education, designed to provide facts, tools and support for those dealing with alcohol and other drug-related violations. Individuals learn personal responsibility and practice making positive, long-lasting behavior changes that will lead to better choices in the future.

Alternatives

Item #: ALT | 40 pages | \$4.50

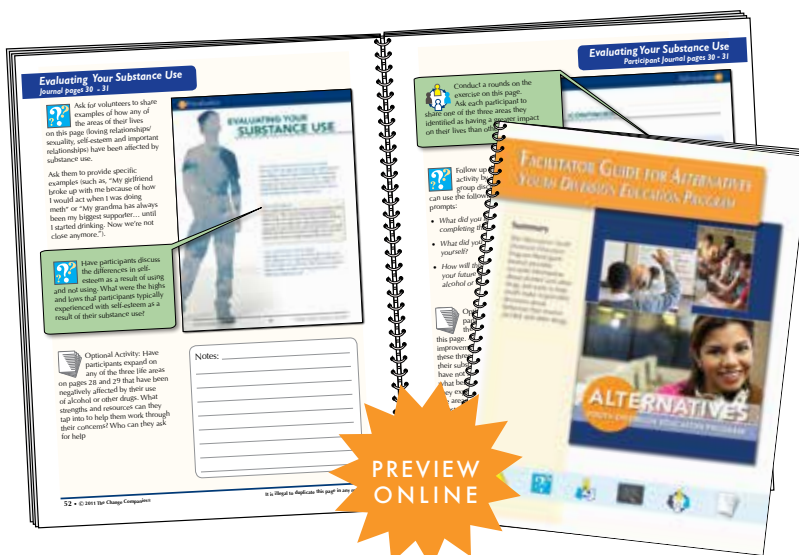
PREVIEW
ONLINE



Alternatives Facilitator Guide

Item #: ALTF | \$35.00

This essential tool helps program facilitators effectively deliver course material. Each page of the *Alternatives* Participant Journal is reviewed in detail, with suggested activities and notes offering a variety of strategies which give facilitators the flexibility to adjust their presentation of Journal material according to their own schedule and capabilities. The suggested activities found throughout the Guide correlate with the content of the Participant Journal to help meet the objectives of the program.



PREVIEW
ONLINE

ORDER FORM

ITEM #	PARTICIPANT JOURNALS	Minimum quantity for Participant Journals is 25	QUANTITY	UNIT PRICE	TOTAL
ALT	Alternatives Journal			x \$ 4.50	=
ALTF	Alternatives Facilitator Guide			x \$ 35.00	=
SUBTOTAL					
DOMESTIC S&H 7.5% (MIN. \$7.50)					
TAX (CA, CO, DC, IN, MO, NM, NV, NY, TN, WA)					
TOTAL					

DATE	PO# (IF REQUIRED)	
NAME	PHONE	
SITE NAME		
ADDRESS		
CITY	STATE	ZIP
EMAIL		

☐ Check, Money Order ☐ Visa ☐ MasterCard ☐ American Express

NAME/COMPANY ON CARD _____

BILLING ADDRESS ON CARD _____

CARD #

EXP. DATE: ____/____/____ CARD CODE: _____

Packages will be shipped by
ground services the same day
your order is received.

CALL, FAX OR MAIL YOUR ORDER TO:

 The **Change** Companies®

Toll-free: 888-889-8866

Fax: 775-885-0643

5221 Sigstrom Drive • Carson City, NV 89706

version 2.2