

What About

Marijuana?

 An Interactive Journal



What About Marijuana?

Interactive Journal: MJ | 40 pages | \$3.25

Facilitator Guide: MJF | \$20.00

- For clients with a history of marijuana use.
- Designed to help youth and adults consider their use of cannabis and what they choose to do about it in the future.
- Uses motivational interviewing and other evidence-based approaches to help people change patterns of use.
- Invites readers to weigh what they like about marijuana against a range of possible adverse consequences.
- Draws on a well-researched “check-up” method comparing personal use and consequences with social norms.

About the Authors

William R. Miller, PhD,

is a cofounder of motivational interviewing and has focused on developing and testing more effective treatments for people with alcohol and drug problems.

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What About Marijuana?

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