

PERSPECTIVE:

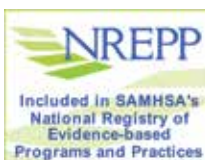
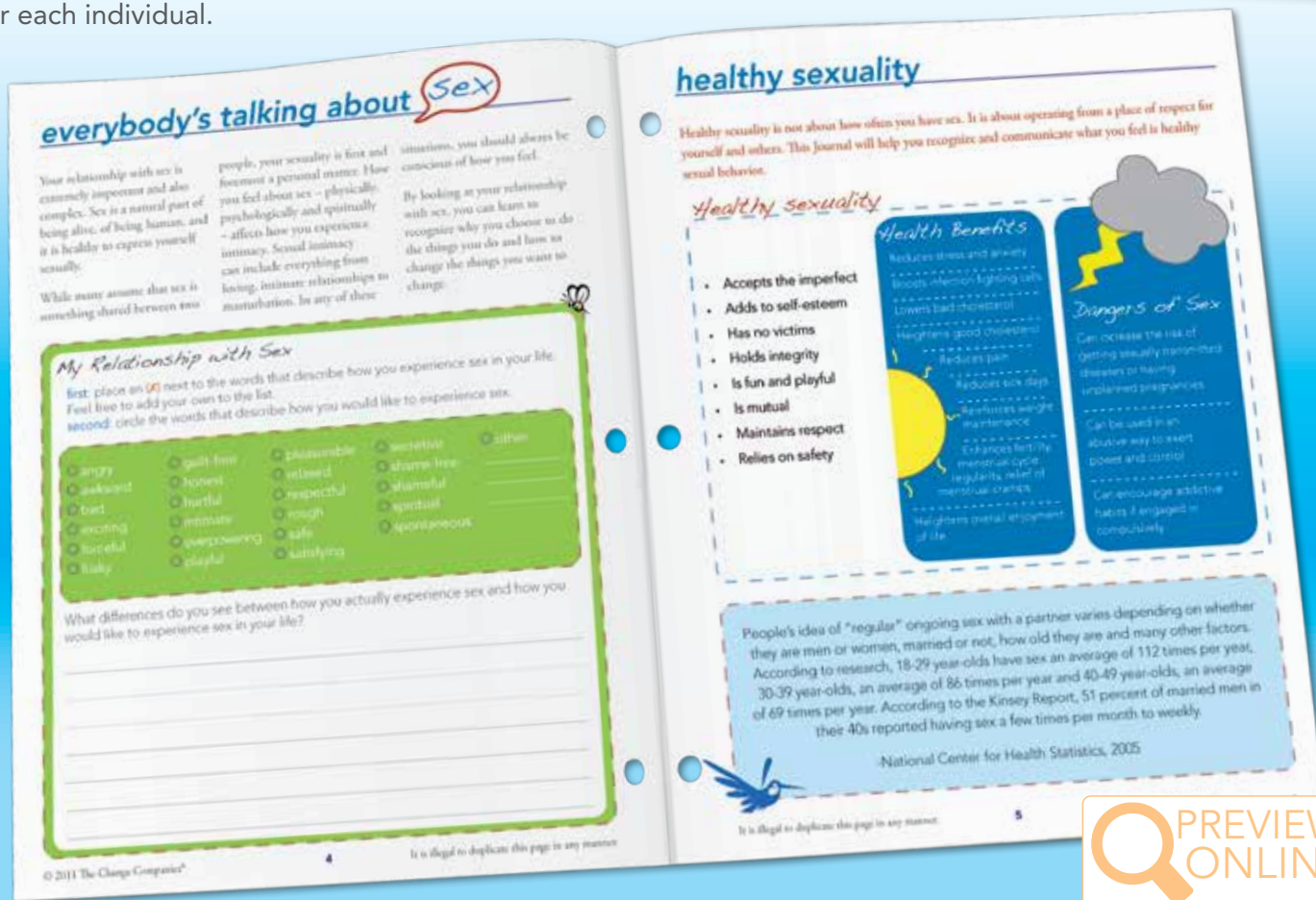
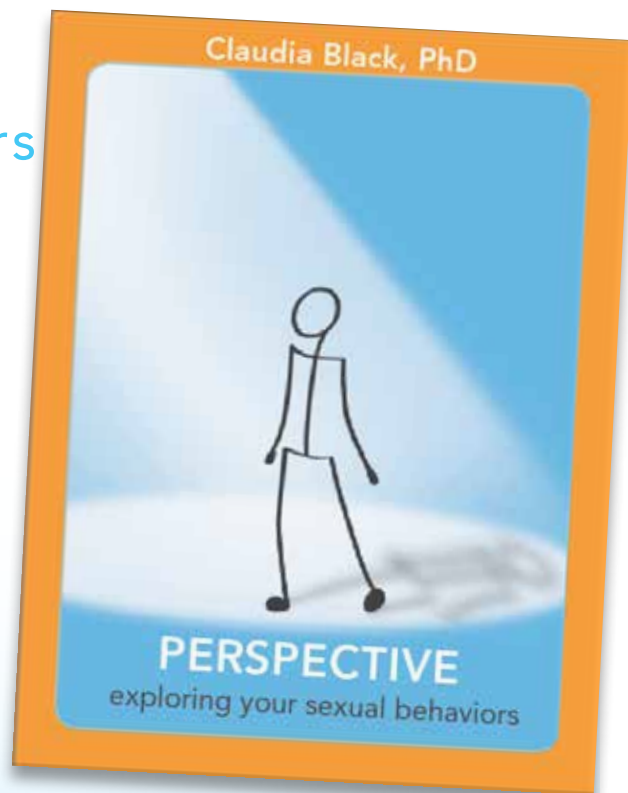
Exploring Your Sexual Behaviors

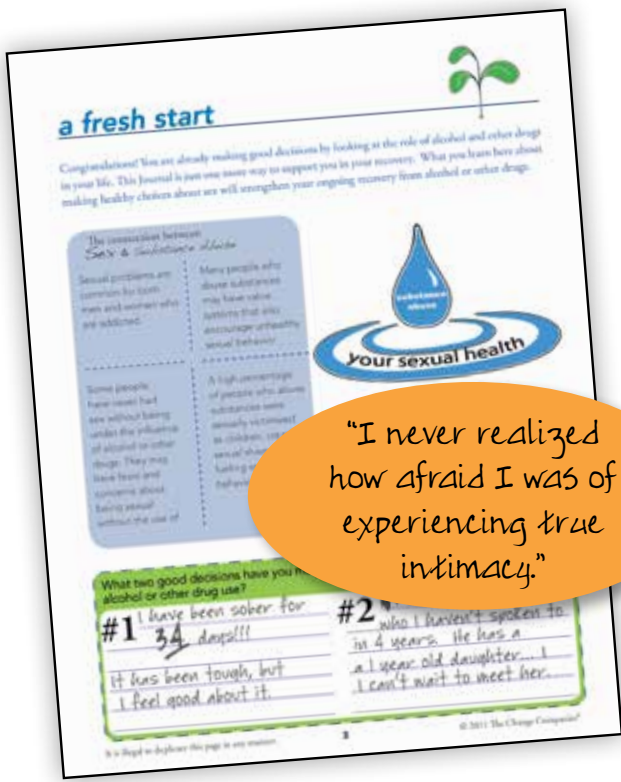
Claudia Black, PhD



This Interactive Journal allows participants in drug and alcohol treatment programs to address co-occurring sexual behavior issues. Created by Claudia Black, PhD, and The Change Companies®, *Perspective* explores the psychological, emotional and physical effects alcohol and other drugs can have on sexual behavior, providing participants with the tools necessary for positive, personal change.

Perspective presents information in an effective and engaging manner, reinforcing content with core graphics and relevant questions. Journaling exercises further personalize this material, both supporting program facilitation and creating personal value for each individual.





About the Author



Claudia Black is a renowned addiction author, speaker and trainer internationally recognized for her pioneering and contemporary work with family systems and addictive disorders.

Since the 1970s, Claudia's work has encompassed the impact of addiction on young and adult children. She offers models of intervention and treatment related to family violence, multi-addictions, relapse, anger, depression and women's issues. Her writings and teachings have become a standard in the field of addictions.

In this Journal, Claudia has combined her training and experience in the field with her understanding of the *Interactive Journaling*® process to create *Perspective: Exploring Your Sexual Behaviors*.

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