

# REMODELING MY HOUSE



## Remodeling My House

Journal (under 25 copies): \$10.00

Journal (25+): \$4.75

*Remodeling My House* invites people to explore their personal stories by envisioning their life as a house.

Drawing freely has been shown to help individuals express their feelings, improve their mood and connect with themselves on a deeper level.

This Journal is designed to help people gain insight into their lives and consider changes they'd like to make.

## Topics include:

- How my house (my life) appears to a stranger, to a friend and to me
- What forms the foundation of my house
- The most important rooms in my house (areas of my life)
- Focusing and reflecting on one important room
- Changes I would like to make to my house
- Tools I can use
- The house I want to have in my future

# Remodeling My House

## Order Form

**No minimum quantity required**

ITEM #	PRODUCTS	QUANTITY	UNIT PRICE	TOTAL
RMH	Remodeling My House (under 25)		x \$10.00	=
RMH-B	Remodeling My House (25+)		x \$4.75	
SUBTOTAL				
DOMESTIC S&H 7.5% (MIN. \$7.50)				
TAX (CA, CO, DC, IN, KY, MO, NM, NV, NY, TN, WA)				
TOTAL				

**Packages will be shipped by ground services the same day your order is received.**



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**CALL, FAX OR MAIL ORDERS TO:**



Toll-free: 888-889-8866  
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 5221 Sigstrom Drive  
 Carson City, NV 89706

Ordering hours M-F, 6:30a-3:00p PT  
 Fax orders accepted 24 hours a day