

# MY Recovery SONG



An Interactive Journal



Uses evidence-based approaches to inspire participants in addiction treatment



Designed to be facilitated with no previous musical experience



Helps individuals explore thoughts and feelings around recovery through journaling and music



Can be used in open or closed group formats



Encourages participants to write their own lyrics inspired by strength, joy and other themes

## My Recovery Song

Item: RS | 28 pages | \$3.30

Facilitator Guide: RS-FG | \$15.00



## ORDER FORM

Minimum quantity for Participant Journals is 25

ITEM #	PRODUCTS	QUANTITY	UNIT PRICE	TOTAL
RS	My Recovery Song		x \$3.30	=
RS-FG	My Recovery Song Facilitator Guide		x \$15.00	=
SUBTOTAL				
DOMESTIC S&H 7.5% (MIN. \$7.50)				
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