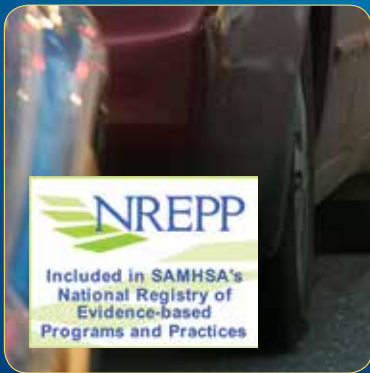


Interactive Journaling[®]

Responsible Decisions

Impaired Driving Program



RESOURCES to SUPPORT PERSONAL CHANGE

Over 25 million people have used Interactive Journals to make positive changes in their lives.

The Change Companies® collaborates with hundreds of professionals and providers to create program content, implementation methods, training options and outcome measurements.

Interactive Journaling® curricula are used in many behavior change fields, including impaired driving, justice services, substance use treatment, healthcare, mental health, prevention and intervention.

INTERACTIVE

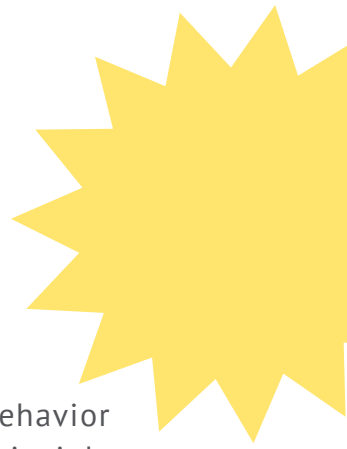


JOURNALING®



Interactive Journaling® is a structured and experiential writing process that motivates and guides participants toward positive life change. This evidence-based practice brings consistency to service delivery while keeping program participants engaged and focused on their personal change goals.

RESPONSIBLE DECISIONS

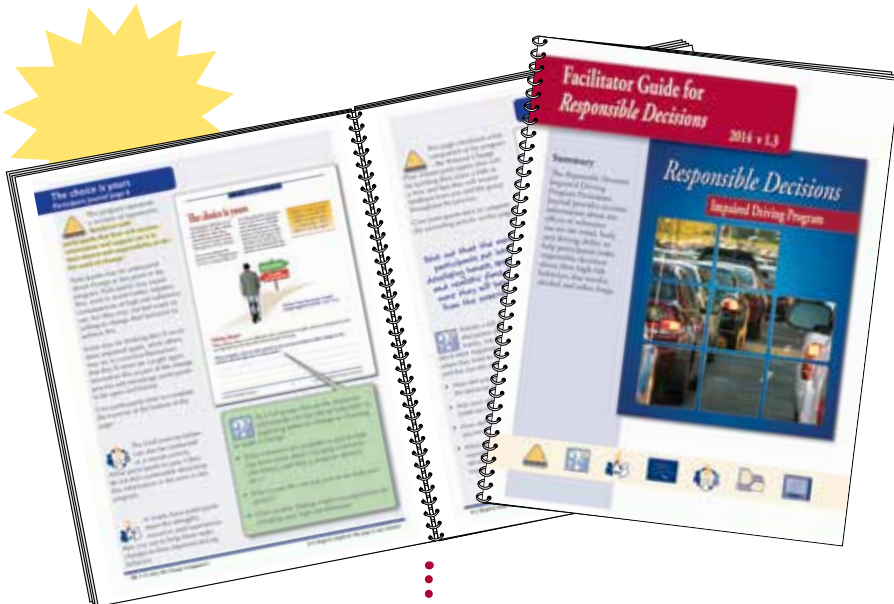
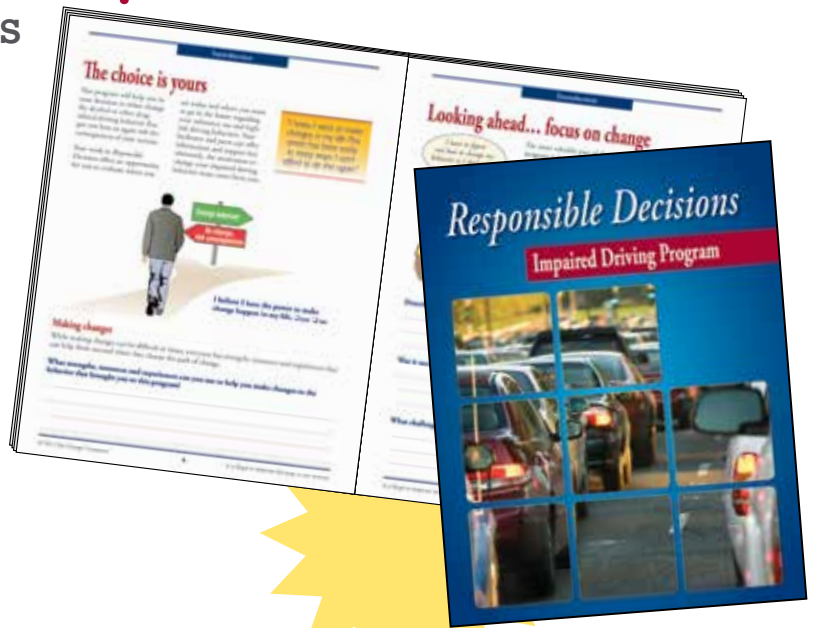


Responsible Decisions is built upon leading evidence-based strategies for behavior change, including cognitive-behavioral therapy, motivational interviewing principles and the stages of change model. This Journal system is used in 22 states nationwide.

Participant Journal

Item #: RD | \$7.25 | 64 pages

- Personalized road map for good decision-making
- Aligns with common state impaired driving education standards
- Integrated change plan
- Engaging *Interactive Journaling*[®] format
- Emphasizes personal responsibility and commitment to change
- Includes proven strategies for behavior change



Facilitator Guide

Item #: RDFG | \$35.00

- User friendly format
- Page-by-page implementation tips and facilitation strategies
- Includes a pre-/post-test and course evaluation

ORDER FORM



Impaired Driving: Awareness DVD

Item #: IDA | \$70.00

Impaired Driving: Awareness integrates content that research has shown helps people change their drinking and driving behaviors.

This 18-minute video is divided into segments that can be played independently to enhance group discussion and engagement.

ITEM #	PARTICIPANT JOURNAL	Minimum quantity for Participant Journals is 25	QUANTITY	UNIT PRICE	TOTAL
RD	Participant Journal (Orders of 100 or more \$6.25)			x \$7.25	=
ITEM #	FACILITATOR GUIDE & ADDITIONAL MATERIAL		QUANTITY	UNIT PRICE	TOTAL
RDFG	Facilitator Guide			x \$35.00	=
IDA	Impaired Driving: Awareness DVD			x \$70.00	=
SUBTOTAL					
DOMESTIC SHIPPING AND HANDLING 7.5% (MIN. \$7.50)					
TAX (CA, CO, DC, IN, KY, MO, NM, NV, TN, WA)					
TOTAL					

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 The Change Companies®

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