

SAFE

Stopping Abuse For Everyone

SAFE: Stopping Abuse for Everyone is a solution for addressing the needs of domestic abuse offenders.

Designed by The Change Companies®, in conjunction with Edward Latessa, PhD, Paula Smith, PhD, Christopher Lowenkamp, PhD, and Charles Robinson, this **cognitive-behavioral curriculum** is structured to explore abusive behaviors in a way that encourages individuals to make and maintain positive changes.



SAFE: Stopping Abuse For Everyone Participant Journal

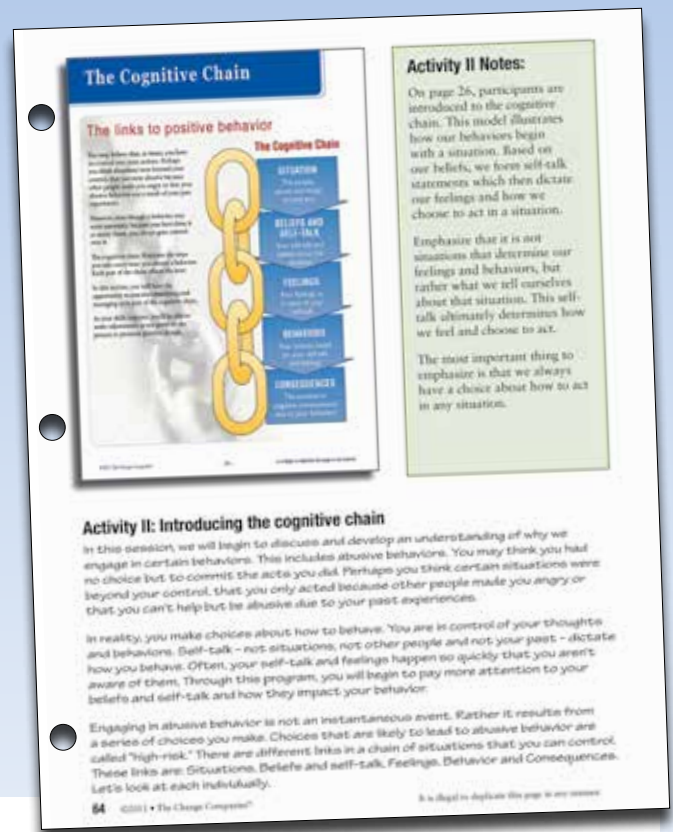
This 88-page Interactive Journal keeps participants focused on their change efforts. Participants engage with the core material through self-recognition and skill-development exercises that explore how past influences, high-risk beliefs and maladaptive thinking led to abusive behavior. Participants use this information to develop positive and prosocial skills, leaving the program with a personalized plan for stopping abusive behaviors and creating healthier relationships.



SAFE: Stopping Abuse For Everyone Facilitator Guide

This essential tool helps program facilitators

effectively deliver course material. Each page of the SAFE Participant Journal is reviewed in detail, with suggested activities, notes and scripts offered as supplements for each session. This guide is both comprehensive and flexible, allowing for individualization and supporting a range of session structures.



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