

# SET FREE

"If you are looking for a book that clearly shows how the abused can be restored to new life in Christ, this is it. Jan has shown how Jesus binds up the broken-hearted and sets the captives free."

— Dr. Neil T. Anderson  
Founder and president emeritus of  
Freedom in Christ Ministries

## Program Tools

- Set Free book
- Reflection Journal
- Introduction DVD
- Implementation Guide



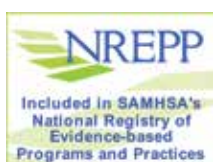
Jan Coates knows firsthand the unspeakable evil women and girls suffer every day. As a child, she was repeatedly raped and abused by those who should have cared for her.

Emotionally and physically wounded, she groped her way into adulthood, and, at her lowest point, called out for God's healing grace. Through His love, she experienced a miraculous transformation. To share this gift, Coates released *Set Free: God's Healing Power for Abuse Survivors*. *Set Free* offers the stories of six women who, with God's help, found healing. The Salvation Army has partnered with The Change Companies®

in developing a companion *Reflection Journal* to broaden the impact of this work.

This companion Interactive Journal follows the book by chapter, providing reflective writing opportunities and other activities to help readers apply the information to their lives and find healing.

Together, these tools are designed for those who have experienced abuse and struggle with depression, hopelessness, low self-esteem, antisocial behavior, drug use and other challenges. The *Set Free* Program helps women discover God's healing grace for themselves.



 The **Change** Companies®

888-889-8866 | [www.changecompanies.net](http://www.changecompanies.net)



### The *Set Free* book and *Reflection Journal* help participants to...

- Feel worthy to call on God
- Have a peaceful heart
- Leave the past behind
- Create meaningful and lasting love relationships
- Experience healing and wholeness
- Embrace the future with a new and thankful heart
- Start today as a new beginning with a bright future



**Introduction DVD:** Author Jan Coates introduces the book and *Reflection Journal*, shares a bit of her story and offers a message of hope, setting the tone for this healing journey.



**Implementation Guide:** A resource for pastors, social workers or other group leaders. It explains *Interactive Journaling*® and how it moves participants toward lasting, positive change. It offers tips for introducing the materials and ideas for group and one-to-one activities to encourage discussion and reflection.

## ORDER FORM

| Item #  | Title  | Quantity |   | Unit Each |   | Total |
|---|--|----------|---|-----------|---|-------|
| SF  | <b>Set Free bundle:</b> <ul style="list-style-type: none"> <li>• 15 <i>Set Free</i> books</li> <li>• 15 <i>Set Free Reflection Journals</i></li> <li>• 1 Introduction DVD</li> <li>• 1 Implementation Guide</li> </ul> |          | x | \$210.00  | = |       |
| <b>SUBTOTAL</b>   |  |          |   |           |   |       |
| <b>Domestic Shipping and Handling 7.5% (Minimum \$7.50)</b> |  |          |   |           |   |       |
| <b>Tax (CA, CO, DC, IN, KY, MO, NM, NV, WA)</b>             |  |          |   |           |   |       |
| <b>TOTAL</b>  |  |          |   |           |   |       |

Packages will be shipped ground services the same day your order is received.

|            |  |                     |      |
|------------|--|---------------------|------|
| DATE:      |  | PO # (IF REQUIRED): |      |
| NAME:      |  | TITLE:              |      |
| SITE NAME: |  | EMAIL:              |      |
| ADDRESS:   |  |                     |      |
| CITY:      |  | STATE:              | ZIP: |
| PHONE:     |  | FAX:                |      |

☐ Check, Money Order    ☐ Visa    ☐ MasterCard    ☐ American Express

Name/Company on card \_\_\_\_\_

Billing address on card \_\_\_\_\_

Card #:

Exp. Date: \_\_\_\_\_ Card Code: \_\_\_\_\_

**CALL, FAX OR MAIL YOUR ORDER TO:**

**The Change Companies®**

Toll-free: 888-889-8866

Fax: 775-885-0643

5221 Sigstrom Drive • Carson City, NV 89706