



Products



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Addiction and Mental Health Products

Engaging clients with *Interactive Journaling*® reinforces the truth that every individual is responsible for the choices he or she makes. As clients respond to the structured questions provided, they create their own unique tools for ongoing recovery. Within our line of treatment curricula are gender-specific, culture-specific and special-population Journals, as well as materials for family support.

MEE JOURNAL SYSTEM

| Item # | Product | Cost |
|--------|--|---------|
| A1 | Getting Started | \$2.70 |
| A1S | Getting Started (Spanish) | \$2.70 |
| FA1 | Getting Started Facilitator Guide | \$15.00 |
| A2 | Substance Using Behaviors | \$2.70 |
| A2S | Substance Using Behaviors (Spanish) | \$2.70 |
| FA2 | Substance Using Behaviors Facilitator Guide | \$15.00 |
| A3 | Denial | \$1.80 |
| FA3 | Denial Facilitator Guide | \$15.00 |
| A4 | First Step | \$2.70 |
| FA4 | First Step Facilitator Guide | \$15.00 |
| A5 | Steps to Spirituality | \$1.80 |
| FA5 | Steps to Spirituality Facilitator Guide | \$15.00 |
| A6 | Looking Within | \$1.80 |
| FA6 | Looking Within Facilitator Guide | \$15.00 |
| A7 | Into Action | \$1.80 |
| FA7 | Into Action Facilitator Guide | \$15.00 |
| A8 | Working Your Program | \$1.80 |
| FA8 | Working Your Program Facilitator Guide | \$15.00 |
| A9 | Feelings | \$2.70 |
| A9S | Feelings (Spanish) | \$2.70 |
| FA9 | Feelings Facilitator Guide | \$15.00 |
| A10 | Anger | \$2.70 |
| FA10 | Anger Facilitator Guide | \$15.00 |
| A11 | Self-worth | \$1.80 |
| FA11 | Self-worth Facilitator Guide | \$15.00 |
| A12 | Family & Other Relationships | \$2.70 |
| A12S | Family & Other Relationships (Spanish) | \$2.70 |
| FA12 | Family & Other Relationships Facilitator Guide | \$15.00 |

MEE JOURNAL SYSTEM (continued)

| | | |
|------|---|----------|
| A13 | Life Management | \$2.70 |
| FA13 | Life Management Facilitator Guide | \$15.00 |
| A15 | A 12-Step Guide to Relapse Prevention | \$2.70 |
| FA15 | A 12-Step Guide to Relapse Prevention Fac. Guide | \$15.00 |
| A17 | Coping Skills | \$2.70 |
| A17S | Coping Skills (Spanish) | \$2.70 |
| FA17 | Coping Skills Facilitator Guide | \$15.00 |
| A18 | Successful Living with a Co-Occurring Disorder | \$2.70 |
| FA18 | Successful Living with a Co-Occurring Disorder Fac. Guide | \$15.00 |
| A19 | The Power of Self-talk | \$2.70 |
| FA19 | The Power of Self-talk Facilitator Guide | \$15.00 |
| A20 | Recovery Maintenance | \$2.70 |
| FA20 | Recovery Maintenance Facilitator Guide | \$15.00 |
| CCSF | Complete Set of Core MEE Facilitator Guides | \$150.00 |
| CSF | Complete Set of MEE Facilitator Guides | \$195.00 |
| ES | Employment Skills | \$3.60 |
| ESF | Employment Skills Facilitator Guide | \$15.00 |
| FR | Family Recovery | \$3.95 |
| A26 | Quiet Moments | \$2.70 |
| A23 | A 12-Step Guide for Compulsive Gamblers | \$4.75 |
| AS1 | Marijuana | \$0.90 |
| AS2 | Methamphetamine | \$0.90 |
| AS3 | Prescription Drugs | \$0.90 |



Facilitator Guide



Spanish Language Journal

MANAGING CO-OCCURRING DISORDERS

| Item # | Product | Cost |
|--|---|----------|
| CD1 | Orientation | \$5.40 |
| CDF1 | Orientation Facilitator Guide | \$15.00 |
| CD2 | Responsible Thinking | \$5.40 |
| CDF2 | Responsible Thinking Facilitator Guide | \$15.00 |
| CD3 | My Individual Change Plan | \$6.30 |
| CDF3 | My Individual Change Plan Facilitator Guide | \$15.00 |
| CD4 | Values | \$2.70 |
| CDF4 | Values Facilitator Guide | \$15.00 |
| CD5 | Substance Use Disorders | \$3.60 |
| CDF5 | Substance Use Disorders Facilitator Guide | \$15.00 |
| CD6 | Handling Difficult Emotions | \$2.70 |
| CDF6 | Handling Difficult Emotions Facilitator Guide | \$15.00 |
| CD7 | Life Skills | \$3.60 |
| CDF7 | Life Skills Facilitator Guide | \$15.00 |
| CD8 | Healthy Relationships | \$2.70 |
| CDF8 | Healthy Relationships Facilitator Guide | \$15.00 |
| CD9 | Maintaining Positive Change | \$3.60 |
| CDF9 | Maintaining Positive Change Facilitator Guide | \$15.00 |
| CD10 | Mental Health Disorders | \$6.30 |
| CDF10 | Mental Health Disorders Facilitator Guide | \$15.00 |
| CD11 | Transition | \$3.60 |
| CDF11 | Transition Facilitator Guide | \$15.00 |
| CDC | Complete Journal Series | \$39.95 |
| CDFO | General Orientation Facilitator Guide | \$20.00 |
| CDFC | Complete Set Facilitator Guides | \$150.00 |
| Managing Co-Occurring Disorders Check System (pads of 50) | | |
| Item # | Product | Cost |
| CD13 | Action Check | \$10.50 |
| CD14 | Check Your Attitude | \$10.50 |
| CD15 | Relationship Check | \$10.50 |
| CD16 | Responsible Thinking Check | \$10.50 |
| CD17 | SMART Goal Check | \$10.50 |

MY PERSONAL JOURNAL

| Item # | Product | Cost |
|--------|---------------------------------------|---------|
| PJ | My Personal Journal | \$7.95 |
| SPJ | My Personal Journal (Spanish) | \$7.95 |
| PJO | My Personal Journal (100+ Quantity) | \$6.95 |
| PJF | My Personal Journal (500+ Quantity) | \$6.25 |
| PJT | My Personal Journal (1,000+ Quantity) | \$5.35 |
| PJFG | My Personal Journal Facilitator Guide | \$25.00 |
| PJV | My Personal Journal Video | \$40.00 |

WELLNESS & RECOVERY

| Item # | Product | Cost |
|--------|--|---------|
| WR1 | Wellness & Recovery + Activities Booklet | \$7.50 |
| WRFG | Wellness & Recovery Facilitator Guide | \$20.00 |

"Once I understood that it was up to me, that I was the only one who could do the daily work of change, good things began to happen."

*-Participant response to **Interactive Journaling®***



Facilitator Guide



Spanish Language Journal

KIDS (Keep It Direct and Simple)

| Item # | Product | Cost |
|--------|---|----------|
| NK1 | Why Am I Here? | \$2.70 |
| FNK1 | Why Am I Here? Facilitator Guide | \$20.00 |
| NK2 | My Substance Use | \$2.70 |
| FNK2 | My Substance Use Facilitator Guide | \$20.00 |
| NK3 | My Twelve-Step Program | \$5.40 |
| FNK3 | My Twelve-Step Program Facilitator Guide | \$20.00 |
| NK4 | My Feelings | \$2.70 |
| FNK4 | My Feelings Facilitator Guide | \$20.00 |
| NK5 | My Family | \$2.70 |
| FNK5 | My Family Facilitator Guide | \$20.00 |
| NK6 | Relationships & Communication | \$2.70 |
| FNK6 | Relationships & Communication Facilitator Guide | \$20.00 |
| NK7 | How We Think | \$2.70 |
| FNK7 | How We Think Facilitator Guide | \$20.00 |
| NK8 | How We Change | \$2.70 |
| FNK8 | How We Change Facilitator Guide | \$20.00 |
| NK9 | Building Strong Values | \$2.70 |
| FNK9 | Building Strong Values Facilitator Guide | \$20.00 |
| NK10 | Moving Forward | \$2.70 |
| FNK10 | Moving Forward Facilitator Guide | \$20.00 |
| NKC | Complete Set Journals | \$26.75 |
| FNKC | Complete Set Facilitator Guides | \$180.00 |

SELF-MANAGEMENT

| Item # | Product | Cost |
|--------|--|---------|
| MSM | Self-management: Addiction Treatment | \$8.45 |
| MFG | Self-management: Addiction Facilitator Guide | \$60.00 |
| MHSM | Self-management: Mental Health | \$8.45 |
| MHFG | Self-management: Mental Health Facilitator Guide | \$60.00 |

WHAT ABOUT MARIJUANA?

| Item # | Product | Cost |
|--------|---|---------|
| MJ | What About Marijuana? | \$3.25 |
| MJF | What About Marijuana? Facilitator Guide | \$20.00 |

MAT

| Item # | Product | Cost |
|--------|-------------------------|---------|
| MAT | MAT Interactive Journal | \$3.60 |
| MATF | MAT Facilitator Guide | \$20.00 |

LIFE SKILLS SERIES

| Item # | Product | Cost |
|--------|---|---------|
| LS1 | Daily Life | \$2.70 |
| LSF1 | Daily Life Facilitator Guide | \$15.00 |
| LS2 | Healthy Relationships | \$2.70 |
| LSF2 | Healthy Relationships Facilitator Guide | \$15.00 |
| LS3 | Core Skills | \$2.70 |
| LS3S | Core Skills (Spanish) | \$2.70 |
| LSF3 | Core Skills Facilitator Guide | \$15.00 |
| LS4 | Feelings | \$2.70 |
| LS4S | Feelings (Spanish) | \$2.70 |
| LSF4 | Feelings Facilitator Guide | \$15.00 |
| LSFC | Complete Set Facilitator Guides | \$35.00 |

"No one needed to tell me what to do. By the time I finished the last Journal, I had put it in my own words."

*-Adolescent response to **Interactive Journaling**®*



Facilitator Guide



Spanish Language Journal

MY RECOVERY SONG

| Item # | Product | Cost |
|--------|------------------------------------|---------|
| RS | My Recovery Song | \$3.30 |
| RS-FG | My Recovery Song Facilitator Guide | \$15.00 |

WOMEN IN RECOVERY

| Item # | Product | Cost |
|--------|-----------------------------|--------|
| PJW | Women in Recovery | \$6.85 |
| PJWS | Women in Recovery (Spanish) | \$6.85 |

VOICES: A PROGRAM FOR GIRLS

| Item # | Product | Cost |
|--------|--------------------------|---------|
| V1 | VOICES Journal | \$11.50 |
| VFG | VOICES Facilitator Guide | \$95.00 |

NATIVE AMERICAN JOURNAL

| Item # | Product | Cost |
|--------|--------------------------|--------|
| NPJ | Strengthening the Spirit | \$6.65 |

MEDALLIONS (sold in quantities of 50 per design)

| Item # | Product | Cost |
|--------|-----------------------------|--------|
| AIM1 | Dream Catcher Medallion | \$2.85 |
| AIM2 | Eagle Feather Medallion | \$2.85 |
| AIM3 | Medicine Wheel Medallion | \$2.85 |
| SSM | Serenity Medallion | \$2.85 |
| ODM | One Day at a Time Medallion | \$2.85 |

VETERANS RESOURCES: COMING HOME

| Item # | Product | Cost |
|--------|---|---------|
| VET-1 | A Warrior's Guide | \$6.45 |
| VETF-1 | A Warrior's Guide Facilitator Guide | \$35.00 |
| VET-2 | A Self-management Guide | \$7.30 |
| VETF-2 | A Self-management Guide Facilitator Guide | \$35.00 |

CHOICES: A Brief Alcohol Abuse Prevention Program

| Item # | Product | Cost |
|--------|-----------------------------------|---------|
| C1 | CHOICES Journal | \$2.95 |
| C1T | CHOICES Journal (Quantity 1,000+) | \$2.45 |
| C2 | CHOICES Facilitator Guide | \$45.00 |
| C4 | Facilitation Summary | \$15.00 |

LIVING AS IF

| Item # | Product | Cost |
|--------|--------------------------------|---------|
| LA | Living As If | \$3.30 |
| LAF | Living As If Facilitator Guide | \$15.00 |

TRAUMA

| Item # | Product | Cost |
|--------|---|---------|
| TL1 | Trauma In Life Journal | \$4.25 |
| TFG1 | Trauma In Life Facilitator Guide | \$20.00 |
| TSR1 | Traumatic Stress & Resilience - Men | \$4.25 |
| TFGM | Traumatic Stress & Resilience Facilitator Guide | \$20.00 |

ROADMAP TO CHANGE DVD

| Item # | Product | Cost |
|--------|-------------------|---------|
| DVR | Roadmap to Change | \$95.00 |

"Our veterans get excellent use of these recovery tools both in and out of the program."

-Debra Henault, Program Manager, Northampton VA Medical Center, Massachusetts



Facilitator Guide



Spanish Language Journal

HELPING CHILDREN THRIVE

Teen Journals

| Item # | Product | Cost |
|--------|--|---------|
| CT1 | My Place | \$4.25 |
| CG1 | My Place Caregiver Guide | \$15.00 |
| CT2 | How to Deal With Feelings | \$2.20 |
| CG2 | How to Deal With Feelings Caregiver Guide | \$15.00 |
| CT3 | What I Think Matters | \$2.20 |
| CG3 | What I Think Matters Caregiver Guide | \$15.00 |
| CT4 | Relationships | \$2.20 |
| CG4 | Relationships Caregiver Guide | \$15.00 |
| CT5 | Avoiding High-risk Behaviors | \$2.20 |
| CG5 | Avoiding High-risk Behaviors Caregiver Guide | \$15.00 |
| CT6 | Self-care | \$2.20 |
| CG6 | Self-care Caregiver Guide | \$15.00 |
| CT7 | Finding the Right Job | \$2.20 |
| CG7 | Finding the Right Job Caregiver Guide | \$15.00 |
| CT8 | Planning for the Future | \$2.20 |
| CG8 | Planning for the Future Caregiver Guide | \$15.00 |

Preteen Journals

| Item # | Product | Cost |
|--------|--|---------|
| CP1 | My Place | \$4.25 |
| CG9 | My Place Caregiver Guide | \$15.00 |
| CP2 | My Feelings | \$2.20 |
| CG10 | My Feelings Caregiver Guide | \$15.00 |
| CP3 | My Relationships | \$2.20 |
| CG11 | My Relationships Caregiver Guide | \$15.00 |
| CP4 | Avoiding Risky Behaviors | \$2.20 |
| CG12 | Avoiding Risky Behaviors Caregiver Guide | \$15.00 |
| CP5 | Taking Care of Your Health | \$2.20 |
| CG13 | Taking Care of Your Health Caregiver Guide | \$15.00 |
| CP6 | My Future | \$2.20 |
| CG14 | My Future Caregiver Guide | \$15.00 |

TAKING CHARGE OF MY FINANCES

| | | |
|-----|------------------------------|--------|
| TCF | Taking Charge of My Finances | \$1.80 |
|-----|------------------------------|--------|

HEALTH & WELLNESS JOURNALS

| Item # | Product | Cost |
|--------|---|--------|
| A26 | Quiet Moments Journal | \$2.70 |
| PHJ | My Personal Health Journal | \$9.25 |
| ESJ | Eat Smart | \$2.70 |
| IDS | "I Don't Smoke!" | \$3.95 |
| A24 | Weight Management | \$3.25 |
| YL1 | Your Life is a Story | \$3.25 |
| DIA | Diabetes and You | \$1.80 |
| AG1 | Enjoying the Second Half of Life: A Travel Guide to Aging | \$6.60 |

SAFE BET

| Item # | Product | Cost |
|--------|----------------------------|---------|
| SB1 | Safe Bet | \$3.60 |
| SBF | Safe Bet Facilitator Guide | \$20.00 |

PERSPECTIVE

| Item # | Product | Cost |
|--------|--|--------|
| PSH | Perspective: Exploring Your Sexual Behaviors | \$5.50 |

"Interactive Journaling is a superb tool. [It] lessens denial, heightens insight and facilitates problem solving. No one understands this concept and offers a better tool than The Change Companies®."

-Claudia Black, Ph.D., Addiction Specialist, Author of "It Will Never Happen to Me" and "Perspective: Exploring Your Sexual Behaviors"



Facilitator Guide



Spanish Language Journal

The Change Companies®

Justice Services Products

For over 30 years, The Change Companies® has partnered with organizations across the continuum of justice services: court and pretrial systems, jails, state and federal prisons, reentry-focused organizations, state departments and community corrections staff. Across this continuum, we have observed that individuals are most likely to succeed in their reentry when programming matches their phase, primary risk-need domains and risk level.

The Change Companies® curricula can help you individualize your programming in each of these areas. We partner with organizations like the Federal Bureau of Prisons, U.S. Probation, private prison groups and multiple State Departments of Corrections – along with renowned research experts in the justice field – to ensure curriculum content is aligned with risk-need-responsivity assessments and current research on what works in recidivism reduction.

| CHALLENGE | | |
|-------------------------------------|---------------------------------|----------|
| Item # | Product | Cost |
| CJO1 | Orientation | \$7.25 |
| CJO2 | Rational Thinking | \$9.35 |
| CJO3 | Criminal Lifestyles | \$10.40 |
| CJO4 | Violence Prevention | \$4.15 |
| CJO5 | Communication Skills | \$6.25 |
| CJO6 | Lifestyle Balance | \$5.20 |
| CJO7 | Transition | \$5.20 |
| CJO17 | Core Program Facilitator Guides | \$105.00 |
| CJO8 | Reviewing My Drug Use | \$4.15 |
| CJO9 | Recovery Maintenance | \$7.25 |
| CJO18 | AOD Track Facilitator Guides | \$45.00 |
| CJO19 | Complete Set Facilitator Guides | \$130.00 |
| CHALLENGE Check System (pads of 50) | | |
| CJO10 | Attitude Check | \$10.50 |
| CJO11 | Rational Self-Analysis | \$10.50 |
| CJO12 | Personal Grooming Checklist | \$10.50 |
| CJO13 | Cell Sanitation Checklist | \$10.50 |
| CJO14 | My Budget | \$10.50 |
| CJO15 | Daily Task List | \$10.50 |
| CJO16 | Daily Schedule | \$10.50 |

| DRUG COURT | | |
|------------|--------------------|--------|
| Item # | Product | Cost |
| DC | Drug Court Journal | \$6.95 |

| VICTIM IMPACT | | |
|---------------|--|---------|
| Item # | Product | Cost |
| VI | The Impact of Crime on Victims Journal | \$6.75 |
| VIF | The Impact of Crime on Victims Facilitator Guide | \$80.00 |

| SAFE: Stopping Abuse for Everyone | | |
|-----------------------------------|-----------------------------------|----------|
| Item # | Product | Cost |
| DV1 | SAFE: Stopping Abuse For Everyone | \$10.80 |
| DVF | SAFE Facilitator Guide | \$120.00 |

| CHANGING COURSE | | |
|-----------------|-----------------|--------|
| Item # | Product | Cost |
| CH1 | Changing Course | \$3.60 |

| NAVIGATING THE ROAD AHEAD | | |
|---------------------------|---------------------------|--------|
| Item # | Product | Cost |
| CH2 | Navigating the Road Ahead | \$1.80 |

| PREPARING FOR CHANGE | | |
|----------------------|----------------------|--------|
| Item # | Product | Cost |
| PC1 | Preparing for Change | \$3.00 |



Facilitator Guide



Spanish Language Journal

THE COURAGE TO CHANGE

| Item # | Product | Cost |
|--------|--|----------|
| US1 | Getting Started | \$2.70 |
| US1S | Getting Started (Spanish) | \$2.70 |
| UF1 | Getting Started Facilitator Guide | \$20.00 |
| US2 | Social Values | \$3.60 |
| US2S | Social Values (Spanish) | \$3.60 |
| UF2 | Social Values Facilitator Guide | \$20.00 |
| US3 | Responsible Thinking | \$3.60 |
| US3S | Responsible Thinking (Spanish) | \$3.60 |
| UF3 | Responsible Thinking Facilitator Guide | \$20.00 |
| US4 | Self-control | \$2.70 |
| US4S | Self-control (Spanish) | \$2.70 |
| UF4 | Self-control Facilitator Guide | \$20.00 |
| US5 | Peer Relationships | \$3.15 |
| US5S | Peer Relationships (Spanish) | \$3.15 |
| UF5 | Peer Relationships Facilitator Guide | \$20.00 |
| US6 | Family Ties | \$3.60 |
| US6S | Family Ties (Spanish) | \$3.60 |
| UF6 | Family Ties Facilitator Guide | \$20.00 |
| US7 | Substance Use | \$3.60 |
| US7S | Substance Use (Spanish) | \$3.60 |
| UF7 | Substance Use Facilitator Guide | \$20.00 |
| US11 | Seeking Employment | \$3.60 |
| US11S | Seeking Employment (Spanish) | \$3.60 |
| UF11 | Seeking Employment Facilitator Guide | \$20.00 |
| US12 | Recreation and Leisure | \$2.25 |
| US12S | Recreation and Leisure (Spanish) | \$2.25 |
| UF12 | Recreation and Leisure Facilitator Guide | \$20.00 |
| USC | Courage to Change Complete Journal Set | \$22.90 |
| USCS | Courage to Change Complete Journal Set (Spanish) | \$22.90 |
| USFC | Complete Set Facilitator Guides | \$180.00 |

THE COURAGE TO CHANGE (continued)

The Courage to Change Check System (pads of 50)

| | | |
|-----|--|---------|
| UP1 | Thinking Check | \$10.50 |
| UP2 | Action Check | \$10.50 |
| UP3 | Values Check | \$10.50 |
| UP4 | Case Planning/Individual Application Check | \$10.50 |
| UP5 | Readiness to Change Check | \$10.50 |
| UP6 | Decisional Balance Check | \$10.50 |

"The training and ongoing support from The Change Companies® has been terrific and has helped us develop a successful tool to address criminogenic needs identified by the TRAS... I look at our relationship [with The Change Companies®] as more of a partnership than a client/vendor relationship."

*-Allen E. Bell, Agency Director,
Midland Judicial District CSCD*



Facilitator Guide



Spanish Language Journal

| RDAP (Residential Drug Abuse Program) | | |
|---------------------------------------|---|----------|
| Men's RDAP | | |
| Item # | Product | Cost |
| NRM01 | Community | \$7.11 |
| NRM1F | Community Facilitator Guide | \$13.95 |
| NRM02 | Opportunity to Change | \$7.91 |
| NRM2F | Opportunity to Change Facilitator Guide | \$13.95 |
| NRM03 | The ABCs of Thinking | \$8.36 |
| NRM3F | The ABCs of Thinking Facilitator Guide | \$13.95 |
| NRM04 | Rational Self-Counseling | \$7.91 |
| NRM4F | Rational Self-Counseling Facilitator Guide | \$13.95 |
| NRM05 | Challenging Thinking | \$7.91 |
| NRM5F | Challenging Thinking Facilitator Guide | \$13.95 |
| NRM06 | Prosocial Lifestyle | \$7.11 |
| NRM6F | Prosocial Lifestyle Facilitator Guide | \$13.95 |
| NRM07 | Connecting with Others | \$7.11 |
| NRM7F | Connecting with Others Facilitator Guide | \$13.95 |
| NRM08 | Strategies for Success | \$7.91 |
| NRM8F | Strategies for Success Facilitator Guide | \$13.95 |
| NRM09 | Moving Forward | \$7.55 |
| NRM9F | Moving Forward Facilitator Guide | \$13.95 |
| NRM0C | RDAP Complete Set of 9 Men's Journals | \$68.88 |
| NRM0G | RDAP Complete Set of 9 Men's Facilitator Guides | \$125.00 |

| RDAP (Residential Drug Abuse Program) (continued) | | |
|---|---|----------|
| Women's RDAP | | |
| Item # | Product | Cost |
| NRW01 | Community | \$7.11 |
| NRW1F | Community Facilitator Guide | \$13.95 |
| NRW02 | Opportunity to Change | \$7.91 |
| NRW2F | Opportunity to Change Facilitator Guide | \$13.95 |
| NRW03 | The ABCs of Thinking | \$8.36 |
| NRW3F | The ABCs of Thinking Facilitator Guide | \$13.95 |
| NRW04 | Rational Self-Counseling | \$7.91 |
| NRW4F | Rational Self-Counseling Facilitator Guide | \$13.95 |
| NRW05 | Challenging Thinking | \$7.91 |
| NRW5F | Challenging Thinking Facilitator Guide | \$13.95 |
| NRW06 | Prosocial Lifestyle | \$7.11 |
| NRW6F | Prosocial Lifestyle Facilitator Guide | \$13.95 |
| NRW07 | Connecting with Others | \$7.11 |
| NRW7F | Connecting with Others Facilitator Guide | \$13.95 |
| NRW08 | Strategies for Success | \$7.91 |
| NRW8F | Strategies for Success Facilitator Guide | \$13.95 |
| NRW09 | Moving Forward | \$7.55 |
| NRW9F | Moving Forward Facilitator Guide | \$13.95 |
| NRW0C | RDAP Complete Set of 9 Women's Journals | \$68.88 |
| NRW0G | RDAP Complete Set of 9 Women's Facilitator Guides | \$125.00 |
| Additional RDAP Products | | |
| NRM0A | Attitude Check (pad of 50) | \$10.50 |
| NRM0R | Rational Self-analysis (pad of 50) | \$10.50 |

"This program helped me to recognize that change was all up to me. I am responsible for where I am and...who I will become."

-Inmate response to RDAP



Facilitator Guide



Spanish Language Journal

FORWARD THINKING SERIES FOR YOUTH

| Item # | Product | Cost |
|--------|---|----------|
| FT1 | What Got Me Here? | \$5.40 |
| FTG1 | What Got Me Here? Facilitator Guide | \$35.00 |
| FT2 | Individual Change Plan | \$5.40 |
| FTG2 | Individual Change Plan Facilitator Guide | \$35.00 |
| FT3 | Responsible Behavior | \$5.40 |
| FTG3 | Responsible Behavior Facilitator Guide | \$35.00 |
| FT4 | Handling Difficult Feelings | \$4.50 |
| FTG4 | Handling Difficult Feelings Facilitator Guide | \$35.00 |
| FT5 | Relationships and Communication | \$4.50 |
| FTG5 | Relationships and Communication Facilitator Guide | \$35.00 |
| FT6 | Victim Awareness | \$4.50 |
| FTG6 | Victim Awareness Facilitator Guide | \$35.00 |
| FT7 | Reentry Planning | \$7.20 |
| FTG7 | Reentry Planning Facilitator Guide | \$35.00 |
| FT8 | Substance Using Behaviors | \$4.50 |
| FTG8 | Substance Using Behaviors Facilitator Guide | \$35.00 |
| FT9 | Family | \$3.60 |
| FTG9 | Family Facilitator Guide | \$35.00 |
| FTC | Behavior Check (pad of 50) | \$10.50 |
| FTCS | Forward Thinking Complete Journal Set | \$40.50 |
| FTGC | Complete Set Facilitator Guides | \$285.00 |

"Lyon County youth are benefiting from the [Forward Thinking] program... The Journals have been an excellent medium to open, honest communication with youth who typically use passive compliance as a front to behavior change."

-Eric Smith, Deputy Chief Probation Officer, Lyon County Juvenile Probation

CHANGING OFFENDER BEHAVIOR

| Item # | Product | Cost |
|--------|---|----------|
| COB1 | Starting Point | \$6.40 |
| COB2 | Starting Point Scoring Form | \$2.20 |
| COB2F | Starting Point Facilitator Guide | \$20.00 |
| COB3 | Making Changes | \$4.75 |
| COB4 | Cognitive-behavioral Curriculum Vol. 1 (closed group) | \$9.00 |
| COB5 | Cognitive-behavioral Curriculum Vol. 2 (closed group) | \$9.90 |
| COBF | Facilitator Guide (closed group) | \$120.00 |
| COB6 | Cognitive-behavioral Curriculum Vol. 1 (open group) | \$9.00 |
| COB7 | Cognitive-behavioral Curriculum Vol. 2 (open group) | \$9.90 |
| COBP | Participant Supplement (open group) | \$0.00 |
| COBO | Facilitator Guide (open group) | \$60.00 |

BREAKING THE CYCLE

| Item # | Product | Cost |
|--------|--|---------|
| BCO1 | Getting Started | \$4.95 |
| BCO2 | Basic Cognitive Skills | \$4.95 |
| BCO3 | Core Skills | \$7.95 |
| BCO4 | Recovery Maintenance | \$5.95 |
| BCCO | Breaking the Cycle Complete Journal Set | \$23.80 |
| BCFG | Breaking the Cycle Facilitator Guide | \$85.00 |
| BCP1 | Rational Self-Analysis (RSA) (pad of 50) | \$10.50 |
| BCP2 | Attitude Check (pad of 50) | \$10.50 |



Facilitator Guide



Spanish Language Journal

CORRECTIVE ACTIONS JOURNAL SYSTEM

| Item # | Product | Cost |
|--------|------------------------------------|---------|
| CA1 | The Con Game | \$2.70 |
| FC1 | The Con Game Facilitator Guide | \$15.00 |
| CA2 | Values | \$2.70 |
| FC2 | Values Facilitator Guide | \$15.00 |
| CA3 | Thinking Errors | \$3.15 |
| FC3 | Thinking Errors Facilitator Guide | \$15.00 |
| CA4 | My Change Plan | \$3.15 |
| CA4S | My Change Plan (Spanish) | \$3.15 |
| FC4 | My Change Plan Facilitator Guide | \$15.00 |
| CSCF | Complete Set of Facilitator Guides | \$60.00 |

“Results across diverse states and populations reveal that The Change Companies®’ curricula are associated with statistically significant reductions in recidivism among program participants.”

-Denise B. Ernst, Ph.D., “Recidivism Rates following the Change Companies®’ Impaired Driving Curricula”

GETTING IT RIGHT REENTRY SERIES

| Item # | Product | Cost |
|--------|---|---------|
| NT1 | Personal Growth | \$8.10 |
| ST1 | Personal Growth (Spanish) | \$8.10 |
| NT1-F | Personal Growth Facilitator Guide | \$20.00 |
| NT2 | Responsible Thinking | \$3.60 |
| ST2 | Responsible Thinking (Spanish) | \$3.60 |
| NT2-F | Responsible Thinking Facilitator Guide | \$20.00 |
| NT3 | Managing My Life | \$6.30 |
| ST3 | Managing My Life (Spanish) | \$6.30 |
| NT3-F | Managing My Life Facilitator Guide | \$20.00 |
| NT4 | Maintaining Positive Change | \$5.40 |
| ST4 | Maintaining Positive Change (Spanish) | \$5.40 |
| NT4-F | Maintaining Positive Change Facilitator Guide | \$20.00 |
| NT5 | Change Plan | \$5.40 |
| ST5 | Change Plan (Spanish) | \$5.40 |
| NT5-F | Change Plan Facilitator Guide | \$20.00 |
| NPP | Passport To Action | \$0.95 |
| SPP | Passport To Action (Spanish) | \$0.95 |
| NTP | Getting it Right Complete Journal Set | \$23.75 |
| STP | Getting it Right Complete Journal Set (Spanish) | \$23.75 |
| NTP-F | Complete Set of Facilitator Guides | \$80.00 |

TRANSITION SKILLS

| Item # | Product | Cost |
|--------|--|---------|
| TS | Transition Skills-Community Transition | \$5.35 |
| STS | Transition Skills-Community Transition (Spanish) | \$5.35 |
| TSG | Transition Skills Facilitator Guide | \$20.00 |



Facilitator Guide



Spanish Language Journal

The Change Companies®

Impaired Driving Products

The Change Companies® offers two unique off-the-shelf curricula for serving impaired driving populations. *Responsible Decisions* and the six-Journal *Flex Modules* series provide cost-effective options for impaired driving programs.

Additionally, the *Alternatives Journal* provides facts, tools and support for youth dealing with alcohol and other drug-related violations.

| RESPONSIBLE DECISIONS | | |
|-----------------------|---|---------|
| Item # | Product | Cost |
| RD | Responsible Decisions Impaired Driving | \$7.25 |
| RDO | Responsible Decisions (Quantity 100+) | \$6.25 |
| RDFG | Responsible Decisions Facilitator Guide | \$35.00 |

| ALTERNATIVES: Youth Diversion Education Program | | |
|---|---|---------|
| Item # | Product | Cost |
| ALT | Alternatives: Youth Diversion | \$4.50 |
| ALTO | Alternatives: Youth Diversion (Quantity 100+) | \$4.10 |
| ALTF | Alternatives: Youth Diversion Facilitator Guide | \$35.00 |

| IMPAIRED DRIVING AWARENESS DVD | | |
|--------------------------------|--------------------------------|---------|
| Item # | Product | Cost |
| IDA | Impaired Driving Awareness DVD | \$70.00 |

Twenty-one states work with The Change Companies® for tailored impaired driving curriculum. We can design custom resources collaboratively with members of your state's team of experts.

| FLEX MODULES: An Impaired Driving Series | | |
|--|---|----------|
| Item # | Product | Cost |
| ND1 | Why Am I Here? | \$1.50 |
| NSD1 | Why Am I Here? (Spanish) | \$1.50 |
| FND1 | Why Am I Here? Facilitator Guide | \$20.00 |
| ND2 | Alcohol, Other Drugs, Driving and You | \$1.50 |
| NSD2 | Alcohol, Other Drugs, Driving and You (Spanish) | \$1.50 |
| FND2 | Alcohol, Other Drugs, Driving and You Facilitator Guide | \$20.00 |
| ND3 | Use, Misuse and Problem Use | \$1.50 |
| NSD3 | Use, Misuse and Problem Use (Spanish) | \$1.50 |
| FND3 | Use, Misuse and Problem Use Facilitator Guide | \$20.00 |
| ND4 | Feelings and Behavior | \$1.50 |
| NSD4 | Feelings and Behavior (Spanish) | \$1.50 |
| FND4 | Feelings and Behavior Facilitator Guide | \$20.00 |
| ND5 | Change vs. Consequences | \$1.50 |
| NSD5 | Change vs. Consequences (Spanish) | \$1.50 |
| FND5 | Change vs. Consequences Facilitator Guide | \$20.00 |
| ND6 | My Personal Change Plan | \$1.50 |
| NSD6 | My Personal Change Plan (Spanish) | \$1.50 |
| FND6 | My Personal Change Plan Facilitator Guide | \$20.00 |
| FNDC | Complete Set Facilitator Guides | \$100.00 |

 Facilitator Guide

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The Change Companies®

Clinical Resources

The Change Companies® trainings and resources for clinical staff and program facilitators include eTraining from industry experts, the ASAM family of products, DVDs designed to help facilitators improve their counseling and facilitation skills and DSM-5 and ASAM criteria compatible assessment tools that represent the industry's most complete system of clinically driven diagnostic, placement, service planning and outcome resources.

| eTRAINING PRICING | | |
|-------------------|--|-------------|
| Item # | Product | Cost |
| 1ET1 | 1 user – 15 day access (1 course) | \$25.00 |
| 1ET2 | 1-25 users – 1 year access (1 course) | \$500.00 |
| 1ET3 | 26-50 users – 1 year access (1 course) | \$800.00 |
| 1ET4 | 51-100 users – 1 year access (1 course) | \$1,400.00 |
| 2ET1 | 1 user – 15 day access (2 courses) | \$50.00 |
| 2ET2 | 1-25 users – 1 year access (2 courses) | \$850.00 |
| 2ET3 | 26-50 users – 1 year access (2 courses) | \$1,360.00 |
| 2ET4 | 51-100 users – 1 year access (2 courses) | \$2,380.00 |
| 3ET1 | 1 user – 15 day access (3 courses) | \$75.00 |
| 3ET2 | 1-25 users – 1 year access (3 courses) | \$1,250.00 |
| 3ET3 | 26-50 users – 1 year access (3 courses) | \$2,000.00 |
| 3ET4 | 51-100 users – 1 year access (3 courses) | \$3,800.00 |
| 4ET1 | 1 user – 15 day access (4 courses) | \$75.00 |
| 4ET2 | 1-25 users – 1 year access (4 courses) | \$1,650.00 |
| 4ET3 | 26-50 users – 1 year access (4 courses) | \$2,640.00 |
| 4ET4 | 51-100 users – 1 year access (4 courses) | \$4,620.00 |
| 5ET1 | 1 user – 15 day access (5 courses) | \$125.00 |
| 5ET2 | 1-25 users – 1 year access (5 courses) | \$2,031.25 |
| 5ET3 | 26-50 users – 1 year access (5 courses) | \$3,250.00 |
| 5ET4 | 51-100 users – 1 year access (5 courses) | \$5,687.50 |
| AET1 | 1 user – 15 day access (all courses) | \$225.00 |
| AET2 | 1-25 users – 1 year access (all courses) | \$4,250.00 |
| AET3 | 26-50 users – 1 year access (all courses) | \$6,800.00 |
| AET4 | 51-100 users – 1 year access (all courses) | \$11,900.00 |
| ET5 | More than 100 users – per course fee | \$10.20 |

| eTRAINING MODULES (see eTraining Pricing for costs) |
|--|
| Product |
| Introduction to <i>Interactive Journaling</i> ® Facilitation |
| My Personal Journal eLearning Orientation |
| Understanding the Stages of Change |
| Criminality |
| Cognitive-behavioral Therapy |
| Helping People Change Complete Five-part Series |
| Part I: The Therapeutic Alliance |
| Part II: Understanding and Assessing Stages of Change |
| Part III: Motivational Interviewing and Ambivalence |
| Part IV: Establishing the Treatment Contract; Role-play |
| Part V: Implications for Treatment Planning |
| Motivational Interviewing |
| Module 1: The Spirit of MI |
| Module 2: Engagement |
| Module 3: Focusing |
| Module 4: Evoking |
| Module 5: Planning |

 Facilitator Guide

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ASAM CRITERIA - Journals, Check Pads and eTraining Modules

| Item # | Product | Cost |
|--------|--|------------------------------|
| ASM0 | The ASAM Criteria Book | \$95.00 |
| ASAMWE | The ASAM Criteria Enhanced Web Version | \$125.00 |
| ASAMWB | The ASAM Criteria Basic Version | \$85.00 |
| CMN | ASAM Level of Care Certification Manual | \$130.00 |
| CPN | ASAM Level of Care Preparation Workbook | \$95.00 |
| ASP1 | My Program Goal (pad of 50) | \$10.50 |
| ASP2 | My Progress Goal (pad of 50) | \$10.50 |
| -- | eTraining Module I: Multidimensional Assessment | see eTraining Pricing |
| -- | eTraining Module II: From Assessment to Service Planning and Level of Care | see eTraining Pricing |
| -- | eTraining Module III: Introduction to The ASAM Criteria | see eTraining Pricing |

TREATING ADDICTION

| Item # | Product | Cost |
|--------|---|---------|
| TA | Treating Addiction: A Guide for Professionals, Second Edition | \$51.00 |

DVDs

| Item # | Product | Cost |
|--|--|----------|
| Motivational Interviewing: Helping People Change | | |
| MID | 2-DVD Set | \$180.00 |
| MIS | Streaming Web Version | \$160.00 |
| MIB | DVD/Streaming Bundle | \$225.00 |
| Helping People Change (Dr. David Mee-Lee's 5-part Series) | | |
| DVM1 | Part One - The Therapeutic Alliance | \$40.00 |
| DVM2 | Part Two - Understanding and Assessing Stages of Change | \$40.00 |
| DVM3 | Part Three - Motivational Interviewing and Ambivalence | \$40.00 |
| DVM4 | Part Four - Establishing the Treatment Contract - Role Play | \$40.00 |
| DVM5 | Part Five - Stages of Change - Implications for Treatment Planning | \$40.00 |
| DVMC | The Complete Five-DVD Collection | \$117.50 |
| Roadmap to Change | | |
| DVR | Roadmap to Change | \$95.00 |

"Interactive Journaling® puts the power back in the hands of clients who discover they no longer have to feel stigmatized and victimized. The Change Companies® promotes active client participation and collaboration with effective and cost-efficient, affordable client materials."

David Mee-Lee, M.D., Chief Editor of The ASAM Criteria, Third Edition



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| EVINCE CLINICAL ASSESSMENTS (packs of 25) | | |
|---|--------------------------------------|---------|
| Item # | Product | Cost |
| TA-T | TAAD-5 Tool | \$52.50 |
| TA-MV | TAAD-5 Manual | \$15.00 |
| ST-V | SUDDS-5 Tool - Adult Substance Abuse | \$67.50 |
| ST-MV | SUDDS-5 Manual | \$20.00 |
| Co-Occurring Disorders | | |
| PT-V | PADDI-5 Tool - Adolescents | \$67.50 |
| PM-V | PADDI-5 Manual | \$20.00 |
| CT-V | CAAPE-5 Tool - Adults | \$67.50 |
| CM-V | CAAPE-5 Manual | \$20.00 |
| Patient Placement - Level of Care | | |
| LO-3 | LOCI-3 Adult Tool | \$78.75 |
| DAP-T | DAPPER-3 Tool | \$78.75 |
| DAP-M | DAPPER-3 Manual | \$25.00 |
| LO-2R-Y | LOCI-2R | \$78.75 |
| Other Assessments | | |
| BEI-T | BEI Tool | \$52.50 |
| BEI-M | BEI Manual | \$15.00 |
| EWE-T | EWE Tool | \$52.50 |
| EWE-G | EWE Guide | \$15.00 |
| JAVAA-Q | JAVAA-Q Tool | \$62.50 |
| JAVAA-I | JAVAA-I Tool | \$62.50 |
| JAVAA-AS | JAVAA Summary Tools (25 each of 3) | \$37.50 |
| JAVAA-G | JAVAA Guide | \$15.00 |
| OA-T | OAARS Kit (pack of 50) | \$99.00 |
| OA-M | OAARS Manual | \$5.00 |

| BINDERS AND DIVIDER TABS | | |
|--------------------------|-------------------------|--------|
| Item # | Product | Cost |
| ABL | 1.5" Binder | \$4.80 |
| AB | 1" Binder | \$3.75 |
| D | Divider Tabs (set of 5) | \$1.95 |

"Through journaling, clients are better prepared to discuss topics in group and individual settings. It's an economical way of extending the treatment process while giving each client a point of reference for ongoing change."

-Robert M. Hooper, Ph.D.



Facilitator Guide



Spanish Language Journal

Order Form

[illegible]

| | | | |
|-----------|-------------------|-----|--|
| DATE | PO# (IF REQUIRED) | | |
| NAME | PHONE | | |
| SITE NAME | | | |
| ADDRESS | | | |
| CITY | STATE | ZIP | |
| EMAIL | | | |

SUBTOTAL

DOMESTIC S&H 7.5% (MIN. \$7.50)

TAX (CA, CO, DC, IN, KY, MO, NM, NV, NY, TN, WA)

TOTAL

Packages will be shipped by ground services the same day your order is received.

 Check, Money Order  Visa  MasterCard  American Express

NAME/COMPANY ON CARD _____

BILLING ADDRESS ON CARD

CARD #

EXP. DATE: ____/____ CARD CODE: _____

CALL, FAX OR MAIL ORDERS TO:



The **Change** Companies®

Toll-free: 888-889-8866

Fax: 775-885-0643

5221 Sigstrom Drive
Carson City, NV 89706

Ordering hours M-F, 6:30a-3:00p PT
Fax orders accepted 24 hours a day

version 6.2

AK, HI, PR, Canada or special shipping requirements, please call for shipping and handling charges.