

ITEM # TITLEPRICE EACH

MEE Journal System

A1	Getting Started	\$2.70
A2	Substance Using Behaviors.....	\$2.70
AS1	Marijuana.....	\$.90
AS2	Methamphetamine	\$.90
AS3	Prescription Drugs	\$.90
A3	Denial	\$1.80
A4	First Step	\$2.70
A5	Steps to Spirituality	\$1.80
A6	Looking Within	\$1.80
A7	Into Action.....	\$1.80
A8	Working Your Program.....	\$1.80
A9	Feelings.....	\$2.70
A10	Anger.....	\$2.70
A11	Self-worth	\$1.80
A12	Family & Other Relationships.....	\$2.70
A13	Life Management.....	\$2.70
A15	A 12-Step Guide to Relapse Prevention.....	\$2.70
A20	Recovery Maintenance.....	\$2.70
A17	Coping Skills.....	\$2.70
A18	Successful Living With a Co-occurring Disorder.....	\$2.70
A19	The Power of Self-talk	\$2.70
A23	12-Step Guide for Compulsive Gamblers	\$4.75
A26	Quiet Moments	\$2.70
ES	Employment Skills.....	\$3.60
A24	Weight Management.....	\$3.25
IDS	I Don't Smoke.....	\$3.95

MEE Journal System Facilitator Guides

FA1	Getting Started Facilitator Guide.....	\$15.00
FA2	Substance Using Behaviors Facilitator Guide.....	\$15.00
FA3	Denial Facilitator Guide	\$15.00
FA4	First Step Facilitator Guide	\$15.00
FA5	Steps to Spirituality Facilitator Guide	\$15.00
FA6	Looking Within Facilitator Guide	\$15.00
FA7	Into Action Facilitator Guide	\$15.00
FA8	Working Your Program Facilitator Guide.....	\$15.00
FA9	Feelings Facilitator Guide	\$15.00
FA10	Anger Facilitator Guide.....	\$15.00
FA11	Self-worth Facilitator Guide	\$15.00
FA12	Family & Other Relationships Facilitator Guide	\$15.00
FA13	Life Management Facilitator Guide	\$15.00
FA15	A 12-Step Guide to Relapse Prevention Facilitator Guide.....	\$15.00
FA20	Recovery Maintenance Facilitator Guide.....	\$15.00
FA17	Coping Skills Facilitator Guide.....	\$15.00
FA18	Successful Living w/ a Co-occurring Disorder Facilitator Guide.....	\$15.00
FA19	The Power of Self-talk Facilitator Guide	\$15.00
ESF	Employment Skills Facilitator Guide	\$15.00
CSF	Complete Set of MEE Facilitator Guides.....	\$195.00

Adult Journals

PJ	My Personal Journal (English)	\$7.95
SPJ	My Personal Journal (Spanish)	\$7.95
PJFG	My Personal Journal Facilitator Guide.....	\$25.00
PJV	My Personal Journal Video	\$40.00
FR	Family Recovery	\$3.95

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TCF	Taking Charge of My Finances.....	\$1.80
NPJ	Strengthening The Spirit	\$6.65
TL1	Trauma in Life	\$4.25
TFG1	Trauma in Life Facilitator Guide	\$20.00
PJW	Women in Recovery (English)	\$6.85
SPJW	Women in Recovery (Spanish)	\$6.85
LL	Lessons Learned.....	\$2.40
LA	Living As If	\$3.30
LAF	Living As If Facilitator Guide	\$15.00
SB1	Safe Bet	\$3.60
SBF	Safe Bet Facilitator Guide	\$20.00
DV1	SAFE: Stopping Abuse For Everyone	\$10.80
DVF	SAFE: Stopping Abuse For Everyone Facilitator Guide ..	\$120.00
MSM	Self Management: Addiction Treatment Edition	\$8.45
MFG	Self Management: Addiction Facilitator Guide	\$60.00
MHSM	Self Management: Mental Health Edition	\$8.45
MHFG	Self Management: Mental Health Facilitator Guide.....	\$60.00
PSH	Perspective: Exploring Your Sexual Behaviors.....	\$5.50

ASAM Journals, Check Pads & ETraining Modules

ASM1	Dimensions of Change.....	\$6.40
ASM2	Moving Forward	\$5.15
ASP1	My Program Goal (pad of 50)	\$10.50
ASP2	My Progress Goal (pad of 50)	\$10.50

Call 888-889-8866 or go to www.changecompanies.net for more info on the following ASAM ETraining Modules

- Module I: Multidimensional Assessment
- Module II: From Assessment to Service Planning and Level of Care
- Module III: Introduction to The ASAM Criteria

Life Skills Series

LS1	Daily Life.....	\$2.70
LS2	Healthy Relationships	\$2.70
LS3	Core Skills.....	\$2.70
LS4	Feelings.....	\$2.70

Life Skills Series Facilitator Guides

LSF1	Daily Life Facilitator Guide.....	\$15.00
LSF2	Healthy Relationships Facilitator Guide	\$15.00
LSF3	Core Skills Facilitator Guide.....	\$15.00
LSF4	Feelings Facilitator Guide	\$15.00

Medallions (sold in quantities of 50 per design)

SSM	Serenity Medallion	\$2.85
ODM	One Day at a Time Medallion	\$2.85
AIM1	Dream Catcher Medallion.....	\$2.85
AIM2	Eagle Feather Medallion.....	\$2.85
AIM3	Medicine Wheel Medallion	\$2.85

DVDs, Video Training & ETraining Modules

DVR	Roadmap to Change.....	\$95.00
PJV	My Personal Journal Video	\$40.00

Motivational Interviewing: Helping People Change

MID	2-DVD set.....	\$180.00
MIS	Streaming Web Version.....	\$160.00
MIB	DVD/Streaming Bundle.....	\$225.00

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Helping People Change (Dr. David Mee-Lee's 5-part Series)

DVM1	Part One: The Therapeutic Alliance.....	\$40.00
DVM2	Part Two : Understanding and Assessing Stages of Change.....	\$40.00
DVM3	Part Three : Motivational Interviewing and Ambivalence.....	\$40.00
DVM4	Part Four: Establishing the Treatment Contract; Role-Play.....	\$40.00
DVM5	Part Five: Stages of Change; Implications for Treatment Planning.....	\$40.00
DVMC	Complete Five-DVD Collection.....	\$117.50

ETraining Modules

Call 888-889-8866 or go to www.changecompanies.net for more info

- Introduction to *Interactive Journaling*® Facilitation
- ASAM eTraining Module I: Multidimensional Assessment
- ASAM eTraining Module II: From Assessment to Service Planning and Level of Care
- ASAM eTraining Module III: Introduction to The ASAM Criteria
- Understanding the Stages of Change
- Criminality
- Cognitive-behavioral Therapy
- Helping People Change Complete Five-part Series
- Helping People Change I: The Therapeutic Alliance
- Helping People Change II: Understanding and Assessing Stages of Change
- Helping People Change III: Motivational Interviewing and Ambivalence
- Helping People Change IV: Establishing the Treatment Contract; Role-play
- Helping People Change V: Implications for Treatment Planning
- My Personal Journal eLearning Orientation

Keep It Direct & Simple Journal System

NK1	Why Am I Here?.....	\$2.70
NK2	My Substance Use.....	\$2.70
NK3	My Twelve-Step Program.....	\$5.40
NK4	My Feelings.....	\$2.70
NK5	My Family.....	\$2.70
NK6	Relationships & Communication Skills.....	\$2.70
NK7	How We Think.....	\$2.70
NK8	How We Change.....	\$2.70
NK9	Building Strong Values.....	\$2.70
NK10	Moving Forward.....	\$2.70
NKC	Complete Set of Keep It Direct & Simple Journals.....	\$26.75

Keep It Direct & Simple Facilitator Guides

FNK1	Why Am I Here? Facilitator Guide.....	\$20.00
FNK2	My Substance Use Facilitator Guide.....	\$20.00
FNK3	My Twelve-Step Program Facilitator Guide.....	\$20.00
FNK4	My Feelings Facilitator Guide.....	\$20.00
FNK5	My Family Facilitator Guide.....	\$20.00
FNK6	Relationships & Communication Skills Facilitator Guide.....	\$20.00
FNK7	How We Think Facilitator Guide.....	\$20.00
FNK8	How We Change Facilitator Guide.....	\$20.00
FNK9	Building Strong Values Facilitator Guide.....	\$20.00
FNK10	Moving Forward Facilitator Guide.....	\$20.00
NKC	Complete Set of Keep It Direct & Simple Fac. Guides.....	\$180.00

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Helping Children Thrive Teen Journals

CT1	My Place.....	\$4.25
CT2	How to Deal with Feelings.....	\$2.20
CT3	What I Think Matters.....	\$2.20
CT4	Relationships.....	\$2.20
CT5	Avoiding High-risk Behaviors.....	\$2.20
CT6	Self-care.....	\$2.20
CT7	Finding the Right Job.....	\$2.20
CT8	Planning for the Future.....	\$2.20

Helping Children Thrive Preteen Journals

CP1	My Place.....	\$4.25
CP2	My Feelings.....	\$2.20
CP3	My Relationships.....	\$2.20
CP4	Avoiding Risky Behaviors.....	\$2.20
CP5	Taking Care of Your Health.....	\$2.20
CP6	My Future.....	\$2.20

Helping Children Thrive Caregiver Guides

CG1	Guide for My Place (teen).....	\$15.00
CG2	Guide for How to Deal with Feelings (teen).....	\$15.00
CG3	Guide for What I Think Matters (teen).....	\$15.00
CG4	Guide for Relationships (teen).....	\$15.00
CG5	Guide for Avoiding High-risk Behaviors (teen).....	\$15.00
CG6	Guide for Self-care (teen).....	\$15.00
CG7	Guide for Finding the Right Job (teen).....	\$15.00
CG8	Guide for Planning for the Future (teen).....	\$15.00
CG9	Guide for My Place (preteen).....	\$15.00
CG10	Guide for My Feelings (preteen).....	\$15.00
CG11	Guide for My Relationships (preteen).....	\$15.00
CG12	Guide for Avoiding Risky Behaviors (preteen).....	\$15.00
CG13	Guide for Taking Care of Your Health (preteen).....	\$15.00
CG14	Guide for My Future (preteen).....	\$15.00

VOICES: A Program for Girls

V1	VOICES Journal (English).....	\$9.15
V1-S	VOICES Journal (Spanish).....	\$12.60
VFG	VOICES Facilitator Guide (English).....	\$80.00
VFG-S	VOICES Facilitator Guide (Spanish).....	\$80.00

Forward Thinking Series for Youth

FT1	What Got Me Here?.....	\$5.40
FT2	Individual Change Plan.....	\$5.40
FT3	Responsible Behavior.....	\$5.40
FT4	Handling Difficult Feelings.....	\$4.50
FT5	Relationships and Communication.....	\$4.50
FT6	Victim Awareness.....	\$4.50
FT7	Reentry.....	\$7.20
FT8	Substance Using Behaviors.....	\$4.50
FT9	Family.....	\$3.60
FTCS	Complete Set of Forward Thinking Interactive Journals.....	\$40.50
FTC	Behavior Check (pad of 50).....	\$10.50

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Forward Thinking Facilitator Guides

FTG1	What Got Me Here?	\$35.00
FTG2	Individual Change Plan	\$35.00
FTG3	Responsible Behavior.....	\$35.00
FTG4	Handling Difficult Feelings.....	\$35.00
FTG5	Relationships and Communication	\$35.00
FTG6	Victim Awareness	\$35.00
FTG7	Reentry	\$35.00
FTG8	Substance Using Behaviors.....	\$35.00
FTG9	Family	\$35.00
FTGC	Complete Set of Forward Thinking Facilitator Guides	\$285.00

Men’s Residential Drug Abuse Program (RDAP)

RMO1	Orientation	\$7.88
RMO2	Rational Thinking.....	\$5.78
RMO3	Criminal Lifestyles.....	\$6.30
RMO4	Living With Others	\$5.25
RMO5	Lifestyle Balance	\$2.88
RMO6	Recovery Maintenance.....	\$4.83
RMO7	Transition	\$2.88
RMOC	Complete set of 7 Journals.....	\$35.86
RMOA	Attitude Check (pad of 50).....	\$10.50
RMOR	Rational Self-analysis (pad of 50).....	\$10.50
RMOG	RDAP Facilitator’s Guide w/DVD.....	\$190.00

Women’s Residential Drug Abuse Program (RDAP)

RWO1	Orientation	\$7.88
RWO2	Rational Thinking.....	\$5.78
RWO3	Criminal Lifestyles.....	\$6.30
RWO4	Living With Others	\$5.25
RWO5	Lifestyle Balance	\$2.88
RWO6	Recovery Maintenance.....	\$4.83
RWO7	Transition	\$2.88
RWOC	Complete set of 7 Journals.....	\$35.86
RWOA	Attitude Check (pad of 50).....	\$10.50
RWOR	Rational Self-analysis (pad of 50).....	\$10.50
RWOG	RDAP Facilitator’s Guide w/DVD.....	\$190.00

RDAP Follow-up

FU1	Men’s RDAP Follow-up Journal.....	\$6.25
FUW1	Women’s RDAP Follow-up Journal	\$6.25
FUFG1	RDAP Follow-up Facilitator Guide	\$25.00

Breaking the Cycle Series

BCCO	Complete Journal Set	\$23.80
BCO1	Getting Started.....	\$4.95
BCO2	Basic Cognitive Skills.....	\$4.95
BCO3	Core Skills.....	\$7.95
BCO4	Recovery Maintenance.....	\$5.95
BCFG	Breaking the Cycle Facilitator Guide	\$85.00
BCP1	Rational Self-Analysis (RSA) (pad of 50)	\$10.50
BCP2	Attitude Check (pad of 50).....	\$10.50

Drug Court Journal

DC	Drug Court Journal	\$6.95
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Corrective Actions Journal System

CA1	The Con Game.....	\$2.70
CA2	Values	\$2.70
CA3	Thinking Errors	\$3.15
CA4	My Change Plan	\$3.15

Corrective Actions Journal Counselor Guides

FC1	The Con Game Counselor Guide	\$15.00
FC2	Values Counselor Guide.....	\$15.00
FC3	Thinking Errors Counselor Guide.....	\$15.00
FC4	My Change Plan Counselor Guide	\$15.00
CSCF	Complete Set of Counselor Guides.....	\$60.00

The Courage To Change Journal System

US1	Getting Started.....	\$2.70
US2	Social Values.....	\$3.60
US3	Responsible Thinking.....	\$3.60
US4	Self-control	\$2.70
US5	Peer Relationships.....	\$3.15
US6	Family Ties	\$3.60
US7	Substance Use.....	\$3.60
US11	Seeking Employment	\$3.60
US12	Recreation & Leisure	\$2.25

The Courage To Change Facilitator Guides & Check Pads

UF1	Getting Started Facilitator Guide	\$20.00
UF2	Social Values Facilitator Guide.....	\$20.00
UF3	Responsible Thinking Facilitator Guide.....	\$20.00
UF4	Self-control Facilitator Guide	\$20.00
UF5	Peer Relationships Facilitator Guide	\$20.00
UF6	Family Ties Facilitator Guide.....	\$20.00
UF7	Substance Use Facilitator Guide.....	\$20.00
UF11	Seeking Employment Facilitator Guide	\$20.00
UF12	Recreation & Leisure Facilitator Guide	\$20.00
UP1	Thinking Check (pad of 50)	\$10.50
UP2	Action Check (pad of 50)	\$10.50
UP3	Values Check (pad of 50).....	\$10.50
UP4	Case Planning/Individual Application Check (pad of 50) ..	\$10.50
UP5	Readiness to Change Check (pad of 50)	\$10.50
UP6	Decisional Balance Check (pad of 50)	\$10.50

Getting it Right: Contributing to the Community

T1	Personal Growth.....	\$ 8.10
T2	Responsible Thinking	\$2.70
T3	Managing My Life	\$ 6.30
T4	Relapse Prevention.....	\$ 5.40
T5	Change Plan	\$ 6.30
TP	Complete Set of Getting it Right Journals	\$23.75
T1-F	Personal Growth Facilitator Guide	\$ 20.00
T2-F	Responsible Thinking Facilitator Guide	\$20.00
T3-F	Managing My Life Facilitator Guide	\$ 20.00
T4-F	Relapse Prevention Facilitator Guide.....	\$ 20.00
T5-F	Change Plan Facilitator Guide	\$ 20.00
TFP	Complete Set of Getting it Right Facilitator Guides...\$	\$80.00
PP	Passport To Action	\$.95

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Changing Offender Behavior System

COB1	Starting Point.....	\$6.40
COB2F	Starting Point Facilitator Guide.....	\$20.00
COB2	Starting Point Scoring Form.....	\$2.20
COB3	Making Changes	\$4.75
COB4	Cognitive-behavioral Curriculum Vol 1 (closed group).....	\$9.00
COB5	Cognitive-behavioral Curriculum Vol 2 (closed group).....	\$9.90
COBF	Cognitive-behavioral Curriculum Facilitator Guide (closed group).....	\$120.00
COB6	Cognitive-behavioral Curriculum Vol 1 (open group).....	\$9.00
COB7	Cognitive-behavioral Curriculum Vol 2 (open group).....	\$9.90
COBO	Cognitive-behavioral Curriculum Facilitator Guide (open group).....	\$60.00
COBP	Cognitive-behavioral Curriculum Participant Supplement (open group) <i>included with purchase of COBO</i>	

Trauma In Life (Women)

TL1	Trauma In Life Participant Journal.....	\$4.25
TFG1	Trauma In Life Facilitator Guide.....	\$20.00

Traumatic Stress & Resilience (Men)

TSR1	Traumatic Stress & Resilience Participant Journal	\$4.25
TFGM	Traumatic Stress & Resilience Facilitator Guide.....	\$20.00

Transition Skills – Community Transition

TS	Transition Skills Participant Journal (English)	\$5.35
STS	Transition Skills Participant Journal (Spanish)	\$5.35
TSG	Transition Skills Facilitator Guide	\$20.00

Changing Course

CH1	Changing Course Journal	\$3.60
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CHALLENGE

CJO1	Orientation	\$7.25
CJO2	Rational Thinking.....	\$9.35
CJO3	Criminal Lifestyles.....	\$10.40
CJO4	Violence Prevention	\$4.15
CJO5	Communication Skills.....	\$6.25
CJO6	Lifestyle Balance.....	\$5.20
CJO7	Transition	\$5.20
CJO8	Reviewing My Drug Use.....	\$4.15
CJO9	Recovery Maintenance.....	\$7.25
CJO10	Attitude Check (pad of 50)	\$10.50
CJO11	Rational Self-Analysis (pad of 50)	\$10.50
CJO12	Personal Grooming Checklist (pad of 50)	\$10.50
CJO13	Cell Sanitation Checklist (pad of 50)	\$10.50
CJO14	My Budget (pad of 50)	\$10.50
CJO15	Daily Tasks (pad of 50)	\$10.50
CJO16	My Daily Schedule (pad of 50)	\$10.50
CJO17	Core Program Facilitator Guides	\$105.00
CJO18	AOD Track Facilitator Guides	\$45.00
CJO19	Complete Set Facilitator Guides.....	\$130.00

The Impact of Crime on Victims

VI	The Impact of Crime on Victims Journal	\$6.75
VIF	The Impact of Crime on Victims Facilitator Guide.....	\$80.00

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Managing Co-occurring Disorders Journals

CD1	Orientation	\$5.40
CD2	Responsible Thinking	\$5.40
CD3	My Individual Change Plan	\$6.30
CD4	Values	\$2.70
CD5	Substance Use Disorders	\$3.60
CD6	Handling Difficult Emotions	\$2.70
CD7	Life Skills.....	\$3.60
CD8	Healthy Relationships.....	\$2.70
CD9	Maintaining Positive Change	\$3.60
CD10	Mental Health Disorders	\$6.30
CD11	Transition	\$3.60

Managing Co-occurring Disorders Facilitator Guides

CDF1	Orientation Facilitator Guide	\$15.00
CDF2	Responsible Thinking Facilitator Guide	\$15.00
CDF3	My Individual Change Plan Facilitator Guide	\$15.00
CDF4	Values Facilitator Guide	\$15.00
CDF5	Substance Use Disorders Facilitator Guide	\$15.00
CDF6	Handling Difficult Emotions Facilitator Guide	\$15.00
CDF7	Life Skills Facilitator Guide	\$15.00
CDF8	Healthy Relationships Facilitator Guide.....	\$15.00
CDF9	Maintaining Positive Change Facilitator Guide	\$15.00
CDF10	Mental Health Disorders Facilitator Guide	\$15.00
CDF11	Transition Facilitator Guide	\$15.00
CDFO	General Orientation Guide	\$20.00

Managing Co-occurring Disorders Check System

CD13	Action Check (pad of 50)	\$10.50
CD14	Check Your Attitude (pad of 50)	\$10.50
CD15	Relationship Check (pad of 50)	\$10.50
CD16	Responsible Thinking Check (Filter Check) (pad of 50)	\$10.50
CD17	SMART Goal Check (pad of 50)	\$10.50

Freedom from Drugs — Drug Abuse Education

FFDO	Freedom from Drugs Participant Journal	\$6.30
FDG	Freedom from Drugs Facilitator Guide.....	\$60.00

Veterans Resources

VET-1	Coming Home: A Warrior's Guide	\$6.45
VETF-1	Coming Home: A Warrior's Guide Facilitator Guide	\$35.00
VET-2	Coming Home: A Self-management Guide	\$7.30
VETF-2	Coming Home: A Self-management Guide Facilitator Guide	\$35.00

CHOICES: A Brief Alcohol Abuse Prevention Program

C1	CHOICES Participant Journal	\$2.95
C2	CHOICES Facilitator Guide.....	\$45.00
C4	CHOICES Facilitation Summary.....	\$15.00

DUI Flex Modules (Also available in Spanish)

ND1	Why Am I Here?	\$1.50
ND2	Alcohol, Other Drugs, Driving and You	\$1.50
ND3	Use, Misuse and Problem Use	\$1.50
ND4	Feelings and Behavior.....	\$1.50
ND5	Change vs. Consequences.....	\$1.50
ND6	My Personal Change Plan	\$1.50

DUI Flex Modules Facilitator Guides

FND1	Why Am I Here? Facilitator Guide	\$20.00
FND2	Alcohol, Other Drugs, Driving and You Facilitator Guide ..	\$20.00
FND3	Use, Misuse and Problem Use Facilitator Guide	\$20.00
FND4	Feelings and Behavior Facilitator Guide.....	\$20.00
FND5	Change vs. Consequences Facilitator Guide.....	\$20.00
FND6	My Personal Change Plan Facilitator Guide	\$20.00
FNDC	Complete Set of DUI Flex Modules Facilitator Guides ...	\$100.00

Impaired Driving Program/Youth Diversion

ALT	Alternatives Youth Diversion Education Program.....	\$4.50
ALTF	Alternatives Facilitator Guide.....	\$35.00
RD	Responsible Decisions Impaired Driving Program	\$7.25
RDFG	Responsible Decisions Facilitator Guide	\$35.00
IDA	Impaired Driving: Awareness DVD.....	\$70.00

Evince Clinical Assessments

TA-T	TAAD-5 Tool (pack of 25)	\$52.50
TA-MV	TAAD-5 Manual	\$15.00
BEI-T	BEI Tool (pack of 25).....	\$52.50
BEI-M	BEI Manual	\$15.00
ST-V	SUDDS-5 Tool (pack of 25).....	\$67.50
ST-MV	SUDDS-5 Manual	\$20.00
PT-V	PADDI-5 Tool (pack of 25)	\$67.50
PM-V	PADDI-5 Manual.....	\$20.00
CT-V	CAAPE-5 Tool (pack of 25).....	\$67.50
CM-V	CAAPE-5 Manual.....	\$20.00
LO-3	LOCI-3 Adult Tool (pack of 25).....	\$78.75
LO-2R-Y	LOCI-2R Adolescent Tool (pack of 25).....	\$78.75
DAP-T	DAPPER-3 Tool (pack of 25).....	\$78.75
DAP-M	DAPPER-3 Manual.....	\$25.00
EWE-T	EWE Tool (pack of 25)	\$52.50
EWE-G	EWE Guide	\$15.00
JAVAA-Q	JAVAA-Q Tool (pack of 25)	\$62.50
JAVAA-I	JAVAA-I Tool (pack of 25).....	\$62.50
JAVAA-AS	JAVAA Summary Forms Tool 25 each of 3	\$37.50
JAVAA-G	JAVAA Guide	\$15.00
OA-T	OAARS Kit (pack of 50)	\$99.00
OA-M	OAARS Manual	\$5.00

Binders & Divider Tabs

ABL	1.5" Binder	\$4.80
AB	1" Binder	\$3.75
D	Divider Tabs (set of 5).....	\$1.95

