



# Products



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# Addiction and Mental Health Products

Engaging clients with *Interactive Journaling*® reinforces the truth that every individual is responsible for the choices he or she makes. As clients respond to the structured questions provided, they create their own unique tools for ongoing recovery. Within our line of treatment curricula are gender-specific, culture-specific and special-population Journals, as well as materials for family support.

MEE JOURNAL SYSTEM		
Item #	Product	Cost
A1	Getting Started	\$2.70
A1S	Getting Started (Spanish)	\$2.70
FA1	Getting Started Facilitator Guide	\$15.00
A2	Substance Using Behaviors	\$2.70
A2S	Substance Using Behaviors (Spanish)	\$2.70
FA2	Substance Using Behaviors Facilitator Guide	\$15.00
A3	Denial	\$1.80
FA3	Denial Facilitator Guide	\$15.00
A4	First Step	\$2.70
FA4	First Step Facilitator Guide	\$15.00
A5	Steps to Spirituality	\$1.80
FA5	Steps to Spirituality Facilitator Guide	\$15.00
A6	Looking Within	\$1.80
FA6	Looking Within Facilitator Guide	\$15.00
A7	Into Action	\$1.80
FA7	Into Action Facilitator Guide	\$15.00
A8	Working Your Program	\$1.80
FA8	Working Your Program Facilitator Guide	\$15.00
A9	Feelings	\$2.70
A9S	Feelings (Spanish)	\$2.70
FA9	Feelings Facilitator Guide	\$15.00
A10	Anger	\$2.70
FA10	Anger Facilitator Guide	\$15.00
A11	Self-worth	\$1.80
FA11	Self-worth Facilitator Guide	\$15.00
A12	Family & Other Relationships	\$2.70
A12S	Family & Other Relationships (Spanish)	\$2.70
FA12	Family & Other Relationships Facilitator Guide	\$15.00

MEE JOURNAL SYSTEM (continued)		
A13	Life Management	\$2.70
FA13	Life Management Facilitator Guide	\$15.00
A15	A 12-Step Guide to Relapse Prevention	\$2.70
FA15	A 12-Step Guide to Relapse Prevention Fac. Guide	\$15.00
A17	Coping Skills	\$2.70
A17S	Coping Skills (Spanish)	\$2.70
FA17	Coping Skills Facilitator Guide	\$15.00
A18	Successful Living with a Co-Occurring Disorder	\$2.70
FA18	Successful Living with a Co-Occurring Disorder Fac. Guide	\$15.00
A19	The Power of Self-talk	\$2.70
FA19	The Power of Self-talk Facilitator Guide	\$15.00
A20	Recovery Maintenance	\$2.70
FA20	Recovery Maintenance Facilitator Guide	\$15.00
CCSF	Complete Set of Core MEE Facilitator Guides	\$150.00
CSF	Complete Set of MEE Facilitator Guides	\$195.00
ES	Employment Skills	\$3.60
ESF	Employment Skills Facilitator Guide	\$15.00
FR	Family Recovery	\$3.95
A26	Quiet Moments	\$2.70
A23	A 12-Step Guide for Compulsive Gamblers	\$4.75
AS1	Marijuana	\$0.90
AS2	Methamphetamine	\$0.90
AS3	Prescription Drugs	\$0.90

 Facilitator Guide

 Spanish Language Journal

CO-OCCURRING CONDITIONS		
Item #	Product	Cost
NCD1	My Starting Point	\$2.70
NCDF1	My Starting Point Facilitator Guide	\$15.00
NCD2	My Individual Change Plan	\$2.70
NCDF2	My Individual Change Plan Facilitator Guide	\$15.00
NCD3	Managing My Emotions	\$2.70
NCDF3	Managing My Emotions Facilitator Guide	\$15.00
NCD4	My Healthy Thinking	\$2.70
NCDF4	My Healthy Thinking Facilitator Guide	\$15.00
NCD5	My Healthy Relationships	\$2.70
NCDF5	My Healthy Relationships Facilitator Guide	\$15.00
NCD6	My Life Skills	\$2.70
NCDF6	My Life Skills Facilitator Guide	\$15.00
NCD7	Maintaining My Positive Changes	\$2.70
NCDF7	Maintaining My Positive Changes Facilitator Guide	\$15.00
NCDC	Complete Set Journals	\$15.40
NCDFC	Complete Set Facilitator Guides	\$90.00

MY PERSONAL JOURNAL		
Item #	Product	Cost
PJ	My Personal Journal	\$7.95
SPJ	My Personal Journal (Spanish)	\$7.95
PJO	My Personal Journal (100+ Quantity)	\$6.95
PJF	My Personal Journal (500+ Quantity)	\$6.25
PJT	My Personal Journal (1,000+ Quantity)	\$5.35
PJFG	My Personal Journal Facilitator Guide	\$25.00
PJV	My Personal Journal Video	\$40.00

WELLNESS & RECOVERY		
Item #	Product	Cost
WR1	Wellness & Recovery + Activities Booklet	\$7.50
WRFG	Wellness & Recovery Facilitator Guide	\$20.00

*“Once I understood that it was up to me, that I was the only one who could do the daily work of change, good things began to happen.”*

*-Participant response to **Interactive Journaling**<sup>®</sup>*



Facilitator Guide



Spanish Language Journal

KIDS (Keep It Direct and Simple)		
Item #	Product	Cost
NK1	Why Am I Here?	\$2.70
FNK1	Why Am I Here? Facilitator Guide	\$20.00
NK2	My Substance Use	\$2.70
FNK2	My Substance Use Facilitator Guide	\$20.00
NK3	My Twelve-Step Program	\$5.40
FNK3	My Twelve-Step Program Facilitator Guide	\$20.00
NK4	My Feelings	\$2.70
FNK4	My Feelings Facilitator Guide	\$20.00
NK5	My Family	\$2.70
FNK5	My Family Facilitator Guide	\$20.00
NK6	Relationships & Communication	\$2.70
FNK6	Relationships & Communication Facilitator Guide	\$20.00
NK7	How We Think	\$2.70
FNK7	How We Think Facilitator Guide	\$20.00
NK8	How We Change	\$2.70
FNK8	How We Change Facilitator Guide	\$20.00
NK9	Building Strong Values	\$2.70
FNK9	Building Strong Values Facilitator Guide	\$20.00
NK10	Moving Forward	\$2.70
FNK10	Moving Forward Facilitator Guide	\$20.00
NKC	Complete Set Journals	\$26.75
FNKC	Complete Set Facilitator Guides	\$180.00

SELF-MANAGEMENT		
Item #	Product	Cost
MSM	Self-management: Addiction Treatment	\$8.45
MFG	Self-management: Addiction Facilitator Guide	\$60.00
MHSM	Self-management: Mental Health	\$8.45
MHFG	Self-management: Mental Health Facilitator Guide	\$60.00

WHAT ABOUT MARIJUANA?		
Item #	Product	Cost
MJ	What About Marijuana?	\$3.25
MJF	What About Marijuana? Facilitator Guide	\$20.00

MAT		
Item #	Product	Cost
MAT	MAT Interactive Journal	\$3.60
MATF	MAT Facilitator Guide	\$20.00

LIFE SKILLS SERIES		
Item #	Product	Cost
LS1	Daily Life	\$2.70
LSF1	Daily Life Facilitator Guide	\$15.00
LS2	Healthy Relationships	\$2.70
LSF2	Healthy Relationships Facilitator Guide	\$15.00
LS3	Core Skills	\$2.70
LS3S	Core Skills (Spanish)	\$2.70
LSF3	Core Skills Facilitator Guide	\$15.00
LS4	Feelings	\$2.70
LS4S	Feelings (Spanish)	\$2.70
LSF4	Feelings Facilitator Guide	\$15.00
LSFC	Complete Set Facilitator Guides	\$35.00

*“No one needed to tell me what to do. By the time I finished the last Journal, I had put it in my own words.”*

*-Adolescent response to **Interactive Journaling**<sup>®</sup>*

 Facilitator Guide

 Spanish Language Journal

**MY RECOVERY SONG**

Item #	Product	Cost
RS	My Recovery Song	\$3.30
RS-FG	My Recovery Song Facilitator Guide	\$15.00

**WOMEN IN RECOVERY**

Item #	Product	Cost
PJW	Women in Recovery	\$6.85
PJWS	Women in Recovery (Spanish)	\$6.85

**VOICES: A PROGRAM FOR GIRLS**

Item #	Product	Cost
V1	VOICES Journal	\$11.50
VFG	VOICES Facilitator Guide	\$95.00

**NATIVE AMERICAN JOURNAL**

Item #	Product	Cost
NPJ	Strengthening the Spirit	\$6.65

**MEDALLIONS** (sold in quantities of 50 per design)

Item #	Product	Cost
AIM1	Dream Catcher Medallion	\$2.85
AIM2	Eagle Feather Medallion	\$2.85
AIM3	Medicine Wheel Medallion	\$2.85
SSM	Serenity Medallion	\$2.85
ODM	One Day at a Time Medallion	\$2.85

**VETERANS RESOURCES: COMING HOME**

Item #	Product	Cost
VET-1	A Warrior's Guide	\$6.45
VETF-1	A Warrior's Guide Facilitator Guide	\$35.00
VET-2	A Self-management Guide	\$7.30
VETF-2	A Self-management Guide Facilitator Guide	\$35.00

**CHOICES: A Brief Alcohol Abuse Prevention Program**

Item #	Product	Cost
C1	CHOICES Journal	\$2.95
C1T	CHOICES Journal (Quantity 1,000+)	\$2.45
C2	CHOICES Facilitator Guide	\$45.00
C4	Facilitation Summary	\$15.00

**LIVING AS IF**

Item #	Product	Cost
LA	Living As If	\$3.30
LAF	Living As If Facilitator Guide	\$15.00

**TRAUMA**

Item #	Product	Cost
TL1	Trauma In Life Journal	\$4.50
TFG1	Trauma In Life Facilitator Guide	\$20.00
TSR1	Traumatic Stress & Resilience - Men	\$4.50
TFGM	Traumatic Stress & Resilience Facilitator Guide	\$20.00

**ROADMAP TO CHANGE DVD**

Item #	Product	Cost
DVR	Roadmap to Change	\$95.00

*"Our veterans get excellent use of these recovery tools both in and out of the program."*

*-Debra Henault, Program Manager, Northampton VA Medical Center, Massachusetts*



Facilitator Guide



Spanish Language Journal

HELPING CHILDREN THRIVE		
Teen Journals		
Item #	Product	Cost
CT1	My Place	\$4.25
CG1	My Place Caregiver Guide	\$15.00
CT2	How to Deal With Feelings	\$2.20
CG2	How to Deal With Feelings Caregiver Guide	\$15.00
CT3	What I Think Matters	\$2.20
CG3	What I Think Matters Caregiver Guide	\$15.00
CT4	Relationships	\$2.20
CG4	Relationships Caregiver Guide	\$15.00
CT5	Avoiding High-risk Behaviors	\$2.20
CG5	Avoiding High-risk Behaviors Caregiver Guide	\$15.00
CT6	Self-care	\$2.20
CG6	Self-care Caregiver Guide	\$15.00
CT7	Finding the Right Job	\$2.20
CG7	Finding the Right Job Caregiver Guide	\$15.00
CT8	Planning for the Future	\$2.20
CG8	Planning for the Future Caregiver Guide	\$15.00
Preteen Journals		
Item #	Product	Cost
CP1	My Place	\$4.25
CG9	My Place Caregiver Guide	\$15.00
CP2	My Feelings	\$2.20
CG10	My Feelings Caregiver Guide	\$15.00
CP3	My Relationships	\$2.20
CG11	My Relationships Caregiver Guide	\$15.00
CP4	Avoiding Risky Behaviors	\$2.20
CG12	Avoiding Risky Behaviors Caregiver Guide	\$15.00
CP5	Taking Care of Your Health	\$2.20
CG13	Taking Care of Your Health Caregiver Guide	\$15.00
CP6	My Future	\$2.20
CG14	My Future Caregiver Guide	\$15.00

TAKING CHARGE OF MY FINANCES		
TCF	Taking Charge of My Finances	\$1.80

HEALTH & WELLNESS JOURNALS		
Item #	Product	Cost
RMH	Remodeling My House (Individual)	\$10.00
RMH-G	Remodeling My House (25+)	\$4.75
A26	Quiet Moments Journal	\$2.70
PHJ	My Personal Health Journal	\$9.25
ESJ	Eat Smart	\$2.70
IDS	"I Don't Smoke!"	\$3.95
A24	Weight Management	\$3.25
YL1	Your Life is a Story	\$3.25
DIA	Diabetes and You	\$1.80
AG1	Enjoying the Second Half of Life: A Travel Guide to Aging	\$6.60

SAFE BET		
Item #	Product	Cost
SB1	Safe Bet	\$3.60
SBF	Safe Bet Facilitator Guide	\$20.00

PERSPECTIVE		
Item #	Product	Cost
PSH	Perspective: Exploring Your Sexual Behaviors	\$5.50

*"Interactive Journaling is a superb tool. [It] lessens denial, heightens insight and facilitates problem solving. No one understands this concept and offers a better tool than The Change Companies®."*

*-Claudia Black, Ph.D., Addiction Specialist, Author of "It Will Never Happen to Me" and "Perspective: Exploring Your Sexual Behaviors"*

 Facilitator Guide

 Spanish Language Journal

# The Change Companies®

## Justice Services Products

For over 30 years, The Change Companies® has partnered with organizations across the continuum of justice services: court and pretrial systems, jails, state and federal prisons, reentry-focused organizations, state departments and community corrections staff. Across this continuum, we have observed that individuals are most likely to succeed in their reentry when programming matches their phase, primary risk-need domains and risk level.

The Change Companies® curricula can help you individualize your programming in each of these areas. We partner with organizations like the Federal Bureau of Prisons, U.S. Probation, private prison groups and multiple State Departments of Corrections – along with renowned research experts in the justice field – to ensure curriculum content is aligned with risk-need-responsivity assessments and current research on what works in recidivism reduction.

CHALLENGE		
Item #	Product	Cost
CJO1	Orientation	\$7.25
CJO2	Rational Thinking	\$9.35
CJO3	Criminal Lifestyles	\$10.40
CJO4	Violence Prevention	\$4.15
CJO5	Communication Skills	\$6.25
CJO6	Lifestyle Balance	\$5.20
CJO7	Transition	\$5.20
CJO17	Core Program Facilitator Guides	\$105.00
CJO8	Reviewing My Drug Use	\$4.15
CJO9	Recovery Maintenance	\$7.25
CJO18	AOD Track Facilitator Guides	\$45.00
CJO19	Complete Set Facilitator Guides	\$130.00
CHALLENGE Check System (pads of 50)		
CJO10	Attitude Check	\$10.50
CJO11	Rational Self-Analysis	\$10.50
CJO12	Personal Grooming Checklist	\$10.50
CJO13	Cell Sanitation Checklist	\$10.50
CJO14	My Budget	\$10.50
CJO15	Daily Task List	\$10.50
CJO16	Daily Schedule	\$10.50

DRUG COURT		
Item #	Product	Cost
DC	Drug Court Journal	\$6.95

STRATEGIES FOR CHANGE		
Item #	Product	Cost
SC1	Core Set: Group and Personal Journals	\$9.75
SCF	Core Set Facilitator Guide	\$30.00
SCS2	Maintaining My Recovery	\$2.05
SCS2F	Maintaining My Recovery Facilitator Guide	\$15.00
SCS3	Living a Prosocial Lifestyle	\$2.05
SCS3F	Living a Prosocial Lifestyle Facilitator Guide	\$15.00
SCS4	Preventing Violence	\$2.05
SCS4F	Preventing Violence Facilitator Guide	\$15.00
SCS5	Developing Empathy for Victims	\$2.05
SCS2F	Developing Empathy for Victims Facilitator Guide	\$15.00
SCS6	Strengthening My Parenting Skills	\$2.05
SCS6F	Strengthening My Parenting Skills Facilitator Guide	\$15.00
SCS7	Focusing on Personal Health	\$2.05
SCS7F	Focusing on Personal Health Facilitator Guide	\$15.00
SCS8	Building Healthy Relationships	\$2.05
SCS8F	Building Healthy Relationships Facilitator Guide	\$15.00
SCS9	Improving My Mental Health	\$2.05
SCS9F	Maintaining My Recovery Facilitator Guide	\$15.00
SCS10	Practicing Gratitude	\$2.05
SCS10F	Practicing Gratitude Facilitator Guide	\$15.00
SCS	Complete Set of Strategies for Change Specialized Journals	\$18.45
SCSF	Complete Set of Strategies for Change Facilitator Guides	\$85

 Facilitator Guide

 Spanish Language Journal

THE COURAGE TO CHANGE		
Item #	Product	Cost
US1	Getting Started	\$2.70
US1S	Getting Started (Spanish)	\$2.70
UF1	Getting Started Facilitator Guide	\$20.00
US2	Social Values	\$3.60
US2S	Social Values (Spanish)	\$3.60
UF2	Social Values Facilitator Guide	\$20.00
US3	Responsible Thinking	\$3.60
US3S	Responsible Thinking (Spanish)	\$3.60
UF3	Responsible Thinking Facilitator Guide	\$20.00
US4	Self-control	\$2.70
US4S	Self-control (Spanish)	\$2.70
UF4	Self-control Facilitator Guide	\$20.00
US5	Peer Relationships	\$3.15
US5S	Peer Relationships (Spanish)	\$3.15
UF5	Peer Relationships Facilitator Guide	\$20.00
US6	Family Ties	\$3.60
US6S	Family Ties (Spanish)	\$3.60
UF6	Family Ties Facilitator Guide	\$20.00
US7	Substance Use	\$3.60
US7S	Substance Use (Spanish)	\$3.60
UF7	Substance Use Facilitator Guide	\$20.00
US11	Seeking Employment	\$3.60
US11S	Seeking Employment (Spanish)	\$3.60
UF11	Seeking Employment Facilitator Guide	\$20.00
US12	Recreation and Leisure	\$2.25
US12S	Recreation and Leisure (Spanish)	\$2.25
UF12	Recreation and Leisure Facilitator Guide	\$20.00
USC	Courage to Change Complete Journal Set	\$22.90
USCS	Courage to Change Complete Journal Set (Spanish)	\$22.90
USFC	Complete Set Facilitator Guides	\$180.00

THE COURAGE TO CHANGE (continued)		
The Courage to Change Check System (pads of 50)		
Item #	Product	Cost
UP1	Thinking Check	\$10.50
UP1S	Thinking Check (Spanish)	\$10.50
UP2	Action Check	\$10.50
UP2S	Action Check (Spanish)	\$10.50
UP3	Values Check	\$10.50
UP3S	Values Check (Spanish)	\$10.50
UP4	Case Planning/Individual Application Check	\$10.50
UP4S	Case Planning/Individual Application Check (Spanish)	\$10.50
UP5	Readiness to Change Check	\$10.50
UP5S	Readiness to Change Check (Spanish)	\$10.50
UP6	Decisional Balance Check	\$10.50
UP6S	Decisional Balance Check (Spanish)	\$10.50

VICTIM IMPACT		
Item #	Product	Cost
VI	The Impact of Crime on Victims Journal	\$6.75
VIF	The Impact of Crime on Victims Facilitator Guide	\$80.00

SAFE: Stopping Abuse for Everyone		
Item #	Product	Cost
DV1	SAFE: Stopping Abuse For Everyone	\$10.80
DVF	SAFE Facilitator Guide	\$120.00

CHANGING COURSE		
Item #	Product	Cost
CH1	Changing Course	\$3.60

NAVIGATING THE ROAD AHEAD		
Item #	Product	Cost
CH2	Navigating the Road Ahead	\$1.80

PREPARING FOR CHANGE		
Item #	Product	Cost
PC1	Preparing for Change	\$3.00



Facilitator Guide



Spanish Language Journal



RDAP (Residential Drug Abuse Program)		
Men's RDAP		
Item #	Product	Cost
NRM01	Community	\$7.11
NRM01-S	Community (Spanish)	\$7.11
NRM01F	Community Facilitator Guide	\$20.00
NRM02	Opportunity to Change	\$7.91
NRM02-S	Opportunity to Change (Spanish)	\$7.91
NRM02F	Opportunity to Change Facilitator Guide	\$20.00
NRM03	The ABCs of Thinking	\$8.36
NRM03-S	The ABCs of Thinking (Spanish)	\$8.36
NRM03F	The ABCs of Thinking Facilitator Guide	\$20.00
NRM04	Rational Self-Counseling	\$7.91
NRM04-S	Rational Self-Counseling (Spanish)	\$7.91
NRM04F	Rational Self-Counseling Facilitator Guide	\$20.00
NRM05	Challenging Thinking	\$7.91
NRM05-S	Challenging Thinking (Spanish)	\$7.91
NRM05F	Challenging Thinking Facilitator Guide	\$20.00
NRM06	Prosocial Lifestyle	\$7.11
NRM06-S	Prosocial Lifestyle (Spanish)	\$7.11
NRM06F	Prosocial Lifestyle Facilitator Guide	\$20.00
NRM07	Connecting with Others	\$7.11
NRM07-S	Connecting with Others (Spanish)	\$7.11
NRM07F	Connecting with Others Facilitator Guide	\$20.00
NRM08	Strategies for Success	\$7.91
NRM08-S	Strategies for Success (Spanish)	\$7.91
NRM08F	Strategies for Success Facilitator Guide	\$20.00
NRM09	Moving Forward	\$7.55
NRM09-S	Moving Forward (Spanish)	\$7.55
NRM09F	Moving Forward Facilitator Guide	\$20.00
NRM0C	RDAP Complete Set of 9 Men's Journals	\$68.88
NRM0C-S	RDAP Complete Set of 9 Men's Journals (Spanish)	\$68.88
NRM0G	RDAP Complete Set of 9 Men's Facilitator Guides	\$180.00
NFU01	RDAP 12-month Follow-up	\$6.95
NFU01-S	RDAP 12-month Follow-up (Spanish)	\$6.95
FUMFG	RDAP 12-month Follow-up Facilitator Guide	\$20.00

 Facilitator Guide

 Spanish Language Journal

RDAP (Residential Drug Abuse Program) (continued)		
Women's RDAP		
Item #	Product	Cost
NRW01	Community	\$7.11
NRW01-S	Community (Spanish)	\$7.11
NRW01F	Community Facilitator Guide	\$20.00
NRW02	Opportunity to Change	\$7.91
NRW02-S	Opportunity to Change (Spanish)	\$7.91
NRW02F	Opportunity to Change Facilitator Guide	\$20.00
NRW03	The ABCs of Thinking	\$8.36
NRW03-S	The ABCs of Thinking (Spanish)	\$8.36
NRW03F	The ABCs of Thinking Facilitator Guide	\$20.00
NRW04	Rational Self-Counseling	\$7.91
NRW04-S	Rational Self-Counseling (Spanish)	\$7.91
NRW04F	Rational Self-Counseling Facilitator Guide	\$20.00
NRW05	Challenging Thinking	\$7.91
NRW05-S	Challenging Thinking (Spanish)	\$7.91
NRW05F	Challenging Thinking Facilitator Guide	\$20.00
NRW06	Prosocial Lifestyle	\$7.11
NRW06-S	Prosocial Lifestyle (Spanish)	\$7.11
NRW06F	Prosocial Lifestyle Facilitator Guide	\$20.00
NRW07	Connecting with Others	\$7.11
NRW07-S	Connecting with Others (Spanish)	\$7.11
NRW07F	Connecting with Others Facilitator Guide	\$20.00
NRW08	Strategies for Success	\$7.91
NRW08-S	Strategies for Success (Spanish)	\$7.91
NRW08F	Strategies for Success Facilitator Guide	\$20.00
NRW09	Moving Forward	\$7.55
NRW09-S	Moving Forward (Spanish)	\$7.55
NRW09F	Moving Forward Facilitator Guide	\$20.00
NRW0C	RDAP Complete Set of 9 Women's Journals	\$68.88
NRW0C-S	RDAP Complete Set of 9 Women's Journals (Spanish)	\$68.88
NRW0G	RDAP Complete Set of 9 Women's Facilitator Guides	\$180.00
NFUW01	RDAP 12-month Follow-up	\$6.95
FUWFG	RDAP 12-month Follow-up Facilitator Guide	\$20.00
Additional RDAP Products		
NRM0A	Attitude Check (pad of 50)	\$10.50
NR0A-S	Attitude Check (pad of 50) (Spanish)	\$10.50
NRM0R	Rational Self-analysis (pad of 50)	\$10.50
NR0A-S	Rational Self-analysis (pad of 50) (Spanish)	\$10.50

FORWARD THINKING SERIES FOR YOUTH		
Item #	Product	Cost
FT1	What Got Me Here?	\$5.40
FTG1	What Got Me Here? Facilitator Guide	\$35.00
FT2	Individual Change Plan	\$5.40
FTG2	Individual Change Plan Facilitator Guide	\$35.00
FT3	Responsible Behavior	\$5.40
FTG3	Responsible Behavior Facilitator Guide	\$35.00
FT4	Handling Difficult Feelings	\$4.50
FTG4	Handling Difficult Feelings Facilitator Guide	\$35.00
FT5	Relationships and Communication	\$4.50
FTG5	Relationships and Communication Facilitator Guide	\$35.00
FT6	Victim Awareness	\$4.50
FTG6	Victim Awareness Facilitator Guide	\$35.00
FT7	Reentry Planning	\$7.20
FTG7	Reentry Planning Facilitator Guide	\$35.00
FT8	Substance Using Behaviors	\$4.50
FTG8	Substance Using Behaviors Facilitator Guide	\$35.00
FT9	Family	\$3.60
FTG9	Family Facilitator Guide	\$35.00
FTC	Behavior Check (pad of 50)	\$10.50
FTCS	Forward Thinking Complete Journal Set	\$40.50
FTGC	Complete Set Facilitator Guides	\$285.00

CHANGING OFFENDER BEHAVIOR		
Item #	Product	Cost
COB1	Starting Point	\$6.40
COB2	Starting Point Scoring Form	\$2.20
COB2F	Starting Point Facilitator Guide	\$20.00
COB3	Making Changes	\$4.75
COB4	Cognitive-behavioral Curriculum Vol. 1 (closed group)	\$9.00
COB5	Cognitive-behavioral Curriculum Vol. 2 (closed group)	\$9.90
COBF	Facilitator Guide (closed group)	\$120.00
COB6	Cognitive-behavioral Curriculum Vol. 1 (open group)	\$9.00
COB7	Cognitive-behavioral Curriculum Vol. 2 (open group)	\$9.90
COBP	Participant Supplement (open group)	\$0.00
COBO	Facilitator Guide (open group)	\$60.00

BREAKING THE CYCLE		
Item #	Product	Cost
BCO1	Getting Started	\$4.95
BCO2	Basic Cognitive Skills	\$4.95
BCO3	Core Skills	\$7.95
BCO4	Recovery Maintenance	\$5.95
BCCO	Breaking the Cycle Complete Journal Set	\$23.80
BCFG	Breaking the Cycle Facilitator Guide	\$85.00
BCP1	Rational Self-Analysis (RSA) (pad of 50)	\$10.50
BCP2	Attitude Check (pad of 50)	\$10.50

*"The training and ongoing support from The Change Companies® has been terrific and has helped us develop a successful tool to address criminogenic needs identified by the TRAS... I look at our relationship [with The Change Companies®] as more of a partnership than a client/vendor relationship."*

*-Allen E. Bell, Agency Director,  
Midland Judicial District CSCD*

 **Facilitator Guide**

 **Spanish Language Journal**

**CORRECTIVE ACTIONS JOURNAL SYSTEM**

Item #	Product	Cost
CA1	The Con Game	\$2.70
FC1	The Con Game Facilitator Guide	\$15.00
CA2	Values	\$2.70
FC2	Values Facilitator Guide	\$15.00
CA3	Thinking Errors	\$3.15
FC3	Thinking Errors Facilitator Guide	\$15.00
CA4	My Change Plan	\$3.15
CA4S	My Change Plan (Spanish)	\$3.15
FC4	My Change Plan Facilitator Guide	\$15.00
CSCF	Complete Set of Facilitator Guides	\$60.00

**JUSTICE-INVOLVED WOMEN'S PROGRAMMING**

Item #	Product	Cost
FD01	Foundation	\$7.85
FD01G	Foundation Facilitator Guide	\$20.00
CP01	Change Plan	\$6.15
CP01G	Change Plan Facilitator Guide	\$20.00
CPD	Change Plan DVD	\$75.00
R01	Relationships	\$5.30
R01G	Relationships Facilitator Guide	\$20.00
HM01	Healthier Me	\$7.85
HM01G	Healthier Me Facilitator Guide	\$20.00
AW01	Aging Well	\$7.00
AW01G	Aging Well Facilitator Guide	\$20.00

*"Results across diverse states and populations reveal that The Change Companies®' curricula are associated with statistically significant reductions in recidivism among program participants."*

*-Denise B. Ernst, Ph.D., "Recidivism Rates following the Change Companies® Impaired Driving Curricula"*

**GETTING IT RIGHT REENTRY SERIES**

Item #	Product	Cost
NT1	Personal Growth	\$8.10
ST1	Personal Growth (Spanish)	\$8.10
NT1-F	Personal Growth Facilitator Guide	\$20.00
NT2	Responsible Thinking	\$3.60
ST2	Responsible Thinking (Spanish)	\$3.60
NT2-F	Responsible Thinking Facilitator Guide	\$20.00
NT3	Managing My Life	\$6.30
ST3	Managing My Life (Spanish)	\$6.30
NT3-F	Managing My Life Facilitator Guide	\$20.00
NT4	Maintaining Positive Change	\$5.40
ST4	Maintaining Positive Change (Spanish)	\$5.40
NT4-F	Maintaining Positive Change Facilitator Guide	\$20.00
NT5	Change Plan	\$5.40
ST5	Change Plan (Spanish)	\$5.40
NT5-F	Change Plan Facilitator Guide	\$20.00
NPP	Passport To Action	\$0.95
SPP	Passport To Action (Spanish)	\$0.95
NTP	Getting it Right Complete Journal Set	\$23.75
STP	Getting it Right Complete Journal Set (Spanish)	\$23.75
NTP-F	Complete Set of Facilitator Guides	\$80.00

**TRANSITION SKILLS**

Item #	Product	Cost
TS	Transition Skills-Community Transition	\$5.35
STS	Transition Skills-Community Transition (Spanish)	\$5.35
TSG	Transition Skills Facilitator Guide	\$20.00

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# The Change Companies® Impaired Driving Products

The Change Companies® offers two unique off-the-shelf curricula for serving impaired driving populations. *Responsible Decisions* and the six-Journal *Flex Modules* series provide cost-effective options for impaired driving programs.

Additionally, the *Alternatives* Journal provides facts, tools and support for youth dealing with alcohol and other drug-related violations.

RESPONSIBLE DECISIONS		
Item #	Product	Cost
RD	Responsible Decisions Impaired Driving	\$7.25
RDO	Responsible Decisions (Quantity 100+)	\$6.25
RDFG	Responsible Decisions Facilitator Guide	\$35.00

ALTERNATIVES: Youth Diversion Education Program		
Item #	Product	Cost
ALT	Alternatives: Youth Diversion	\$4.50
ALTO	Alternatives: Youth Diversion (Quantity 100+)	\$4.10
ALTF	Alternatives: Youth Diversion Facilitator Guide	\$35.00

IMPAIRED DRIVING AWARENESS DVD		
Item #	Product	Cost
IDA	Impaired Driving Awareness DVD	\$70.00

Twenty-one states work with The Change Companies® for tailored impaired driving curriculum. We can design custom resources collaboratively with members of your state's team of experts.

FLEX MODULES: An Impaired Driving Series		
Item #	Product	Cost
ND1	Why Am I Here?	\$1.50
NSD1	Why Am I Here? (Spanish)	\$1.50
FND1	Why Am I Here? Facilitator Guide	\$20.00
ND2	Alcohol, Drugs, Driving and You	\$1.50
NSD2	Alcohol, Drugs, Driving and You (Spanish)	\$1.50
FND2	Alcohol, Drugs, Driving and You Facilitator Guide	\$20.00
ND3	Use, Misuse and Problem Use	\$1.50
NSD3	Use, Misuse and Problem Use (Spanish)	\$1.50
FND3	Use, Misuse and Problem Use Facilitator Guide	\$20.00
ND4	Feelings and Behavior	\$1.50
NSD4	Feelings and Behavior (Spanish)	\$1.50
FND4	Feelings and Behavior Facilitator Guide	\$20.00
ND5	Change vs. Consequences	\$1.50
NSD5	Change vs. Consequences (Spanish)	\$1.50
FND5	Change vs. Consequences Facilitator Guide	\$20.00
ND6	My Personal Change Plan	\$1.50
NSD6	My Personal Change Plan (Spanish)	\$1.50
FND6	My Personal Change Plan Facilitator Guide	\$20.00
FNDC	Complete Set Facilitator Guides	\$100.00

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# The Change Companies®

## Clinical Resources

The Change Companies® trainings and resources for clinical staff and program facilitators include eTraining from industry experts, the ASAM family of products, DVDs designed to help facilitators improve their counseling and facilitation skills and DSM-5 and ASAM criteria compatible assessment tools that represent the industry's most complete system of clinically driven diagnostic, placement, service planning and outcome resources.

<b>eTRAINING PRICING</b>		
Item #	Product	Cost
1ET1	1 user – 15 day access (1 course)	\$25.00
1ET2	1-25 users – 1 year access (1 course)	\$500.00
1ET3	26-50 users – 1 year access (1 course)	\$800.00
1ET4	51-100 users – 1 year access (1 course)	\$1,400.00
2ET1	1 user – 15 day access (2 courses)	\$50.00
2ET2	1-25 users – 1 year access (2 courses)	\$850.00
2ET3	26-50 users – 1 year access (2 courses)	\$1,360.00
2ET4	51-100 users – 1 year access (2 courses)	\$2,380.00
3ET1	1 user – 15 day access (3 courses)	\$75.00
3ET2	1-25 users – 1 year access (3 courses)	\$1,250.00
3ET3	26-50 users – 1 year access (3 courses)	\$2,000.00
3ET4	51-100 users – 1 year access (3 courses)	\$3,800.00
4ET1	1 user – 15 day access (4 courses)	\$75.00
4ET2	1-25 users – 1 year access (4 courses)	\$1,650.00
4ET3	26-50 users – 1 year access (4 courses)	\$2,640.00
4ET4	51-100 users – 1 year access (4 courses)	\$4,620.00
5ET1	1 user – 15 day access (5 courses)	\$125.00
5ET2	1-25 users – 1 year access (5 courses)	\$2,031.25
5ET3	26-50 users – 1 year access (5 courses)	\$3,250.00
5ET4	51-100 users – 1 year access (5 courses)	\$5,687.50
AET1	1 user – 15 day access (all courses)	\$225.00
AET2	1-25 users – 1 year access (all courses)	\$4,250.00
AET3	26-50 users – 1 year access (all courses)	\$6,800.00
AET4	51-100 users – 1 year access (all courses)	\$11,900.00
ET5	More than 100 users – per course fee	\$10.20

<b>eTRAINING MODULES</b> (see eTraining Pricing for costs)	
Product	
Introduction to <i>Interactive Journaling</i> ® Facilitation	
My Personal Journal eLearning Orientation	
Understanding the Stages of Change	
Criminality	
Cognitive-behavioral Therapy	
<b>Helping People Change Complete Five-part Series</b>	
Part I: The Therapeutic Alliance	
Part II: Understanding and Assessing Stages of Change	
Part III: Motivational Interviewing and Ambivalence	
Part IV: Establishing the Treatment Contract; Role-play	
Part V: Implications for Treatment Planning	
<b>Motivational Interviewing</b>	
Module 1: The Spirit of MI	
Module 2: Engagement	
Module 3: Focusing	
Module 4: Evoking	
Module 5: Planning	

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ASAM CRITERIA - Journals, Check Pads and eTraining Modules		
Item #	Product	Cost
ASM0	The ASAM Criteria Book	\$95.00
ASAMWE	The ASAM Criteria Enhanced Web Version	\$125.00
ASAMWB	The ASAM Criteria Basic Version	\$85.00
CMN	ASAM Level of Care Certification Manual	\$130.00
CPN	ASAM Level of Care Preparation Workbook	\$95.00
ASP1	My Program Goal (pad of 50)	\$10.50
ASP2	My Progress Goal (pad of 50)	\$10.50
--	eTraining Module I: Multidimensional Assessment	see eTraining Pricing
--	eTraining Module II: From Assessment to Service Planning and Level of Care	see eTraining Pricing
--	eTraining Module III: Introduction to The ASAM Criteria	see eTraining Pricing

TREATING ADDICTION		
Item #	Product	Cost
TA	Treating Addiction: A Guide for Professionals, Second Edition	\$51.00

DVDs		
Item #	Product	Cost
<b>Motivational Interviewing: Helping People Change</b>		
MID	2-DVD Set	\$180.00
MIS	Streaming Web Version	\$160.00
MIB	DVD/Streaming Bundle	\$225.00
<b>Helping People Change (Dr. David Mee-Lee's 5-part Series)</b>		
DVM1	Part One - The Therapeutic Alliance	\$40.00
DVM2	Part Two - Understanding and Assessing Stages of Change	\$40.00
DVM3	Part Three - Motivational Interviewing and Ambivalence	\$40.00
DVM4	Part Four - Establishing the Treatment Contract - Role Play	\$40.00
DVM5	Part Five - Stages of Change - Implications for Treatment Planning	\$40.00
DVMC	The Complete Five-DVD Collection	\$117.50
<b>Roadmap to Change</b>		
DVR	Roadmap to Change	\$95.00

*“Interactive Journaling® puts the power back in the hands of clients who discover they no longer have to feel stigmatized and victimized. The Change Companies® promotes active client participation and collaboration with effective and cost-efficient, affordable client materials.”*

*David Mee-Lee, M.D., Chief Editor of The ASAM Criteria, Third Edition*

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EVINCE CLINICAL ASSESSMENTS (packs of 25)		
Item #	Product	Cost
TA-T	TAAD-5 Tool	\$52.50
TA-MV	TAAD-5 Manual	\$15.00
ST-V	SUDDS-5 Tool - Adult Substance Abuse	\$67.50
ST-MV	SUDDS-5 Manual	\$20.00
Co-Occurring Disorders		
PT-V	PADDI-5 Tool - Adolescents	\$67.50
PM-V	PADDI-5 Manual	\$20.00
CT-V	CAAPE-5 Tool - Adults	\$67.50
CM-V	CAAPE-5 Manual	\$20.00
Patient Placement - Level of Care		
LO-3	LOCI-3 Adult Tool	\$78.75
DAP-T	DAPPER-3 Tool	\$78.75
DAP-M	DAPPER-3 Manual	\$25.00
LO-2R-Y	LOCI-2R	\$78.75
Other Assessments		
BEI-T	BEI Tool	\$52.50
BEI-M	BEI Manual	\$15.00
EWE-T	EWE Tool	\$52.50
EWE-G	EWE Guide	\$15.00
JAVAA-Q	JAVAA-Q Tool	\$62.50
JAVAA-I	JAVAA-I Tool	\$62.50
JAVAA-AS	JAVAA Summary Tools (25 each of 3)	\$37.50
JAVAA-G	JAVAA Guide	\$15.00
OA-T	OAARS Kit (pack of 50)	\$99.00
OA-M	OAARS Manual	\$5.00

BINDERS AND DIVIDER TABS		
Item #	Product	Cost
ABL	1.5" Binder	\$4.80
AB	1" Binder	\$3.75
D	Divider Tabs (set of 5)	\$1.95

*"Through journaling, clients are better prepared to discuss topics in group and individual settings. It's an economical way of extending the treatment process while giving each client a point of reference for ongoing change."*

*-Robert M. Hooper, Ph.D.*

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