EVIDENCE-BASED COGNITIVE-BEHAVIORAL CURRICULUM

Targeting antisocial thoughts and skill deficits through an interactive, cognitive-behavioral approach
Changing Offender Behavior is a cognitive-behavioral, evidence-based program that helps offenders recognize and practice responsible behavior. The curricula target antisocial thoughts and skill deficits through an interactive, cognitive-behavioral approach. The Changing Offender Behavior Facilitator Guide and downloadable supplements allow for the cognitive-behavioral curriculum component to be delivered in an open- or closed-group format.

RISK/NEEDS ASSESSMENT

Starting Point: My Personal Assessment Journal
Item #: COB1 | 32 pages | $6.40 each
This Journal allows offenders to conduct a thorough and detailed self-assessment. This process helps offenders and programs identify areas that might be problematic and lead to increased risk.

Starting Point Facilitator Guide
Item #: COB2F | 74 pages | $20.00 each
This Guide begins with a conceptual overview, including the role assessment plays in criminal justice. It also provides background information on risk, need and responsivity and identifies principles of professional discretion. For each risk domain, instruction is provided for how items should be scored; classification of risk and treatment needs; and intervention recommendations for specific levels of classification.

Starting Point: Scoring Form & Intervention Plan
Item #: COB2 | 32 pages | $2.20 each
To be used in conjunction with the Starting Point Journal, this document provides checklists for scoring each of the domains and includes case management plans for each. These tools allow the offender to participate in the development of a comprehensive case plan.

SELF-DIRECTED ORIENTATION

Making Changes Journal
Item #: COB3 | 40 pages | $4.75 each
This Journal introduces offenders to the links between their risk factors and offending behaviors. This Journal helps facilitate problem recognition and increases motivation to change. These concepts are further developed in the cognitive-behavioral curriculum and domain-specific programs.
COGNITIVE-BEHAVIORAL CURRICULUM JOURNALS

Volume 1: Recognizing Responsible Behavior
Closed-group: Item # COB4 | Open-group: Item # COB6
80 pages | $9.00 each

This volume covers Sessions 1-10 of the Changing Offender Behavior program. In this volume, participants are introduced to the key skills of recognizing, avoiding and managing situations, thoughts, feelings and behaviors that may place them at high risk for criminal activity.

Volume 2: Practicing Responsibility
Closed-group: Item # COB5 | Open-group: Item # COB7
88 pages | $9.90 each

This volume covers Sessions 11-20 of the Changing Offender Behavior program. In this volume, participants apply their knowledge and skills to their personal circumstances to avoid further high-risk and criminal behaviors.

FACILITATOR GUIDES

Open-group Curriculum Facilitator Guide
Item # COBO | 126 pages | $60.00 each

This Facilitator Guide offers an open-group format for delivering Volumes 1 and 2 of Changing Offender Behavior. This model offers flexibility in delivery style, and can be easily tailored to a 60- or 90-minute session. Using a three-phase format, this adaptation accommodates participants entering and exiting the program at different times. Two new supplements, one outlining key concepts for new participants and one tracking individual progress, support this open-group format, and are available at no additional cost.

Closed-group Curriculum Facilitator Guide System
Item # COBF | 208 pages | $120.00 each

The Facilitator Guide System for the closed-group format of Volumes 1 and 2 provides detailed, step-by-step instructions for delivering the standard, 20-session, 30-hour closed-group format of Changing Offender Behavior. This ready-to-use system comes in a three-ring binder with Facilitator Guides for Volumes 1 and 2 and their corresponding Journals.

Toll-free: 888-889-8866
### CHANGING OFFENDER BEHAVIOR ORDER FORM

Minimum quantity for Participant Journals is 25

<table>
<thead>
<tr>
<th>ITEM #</th>
<th>PARTICIPANT JOURNALS</th>
<th>QUANTITY</th>
<th>UNIT PRICE</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>COB1</td>
<td>Starting Point: My Personal Assessment Journal (25 minimum)</td>
<td></td>
<td>$6.40</td>
<td>=</td>
</tr>
<tr>
<td>COB2F</td>
<td>Starting Point Facilitator Guide</td>
<td></td>
<td>$20.00</td>
<td>=</td>
</tr>
<tr>
<td>COB2</td>
<td>Starting Point Scoring Form (25 minimum)</td>
<td></td>
<td>$2.20</td>
<td>=</td>
</tr>
<tr>
<td>COB3</td>
<td>Making Changes Journal (25 minimum)</td>
<td></td>
<td>$4.75</td>
<td>=</td>
</tr>
<tr>
<td>COB4</td>
<td>Cognitive-behavioral Curriculum Journal, Vol. 1, Closed-group (25 minimum)</td>
<td></td>
<td>$9.00</td>
<td>=</td>
</tr>
<tr>
<td>COBF</td>
<td>Cognitive-behavioral System Facilitator Guide, Closed-group</td>
<td></td>
<td>$120.00</td>
<td>=</td>
</tr>
<tr>
<td>COB6</td>
<td>Cognitive-behavioral Curriculum Journal, Vol. 1, Open-group (25 minimum)</td>
<td></td>
<td>$9.00</td>
<td>=</td>
</tr>
<tr>
<td>COBP</td>
<td>Cognitive-behavioral Curriculum Participant Supplement, Open-group</td>
<td></td>
<td>$0.00</td>
<td>=</td>
</tr>
<tr>
<td>COBO</td>
<td>Cognitive-behavioral Curriculum Facilitator Guide, Open-group</td>
<td></td>
<td>$60.00</td>
<td>=</td>
</tr>
</tbody>
</table>

Subtotal

DOMESTIC S&H 7.5% (MIN. $7.50)

TAX (CA, CO, DC, KY, IN, MO, NM, NV, NY, TN, WA)

TOTAL

Packages will be shipped by ground services the same day your order is received.

DATE:                     | PO # (IF REQUIRED):
NAME:                     | TITLE:
SITE NAME:                | EMAIL:
ADDRESS:
CITY:                     | STATE:                    | ZIP:
PHONE:                    | FAX:

☐ Check, Money Order ☐ Visa ☐ MasterCard ☐ American Express

NAME/COMPANY ON CARD ____________________________
BILLING ADDRESS ON CARD ____________________________
CARD #: ___________ ___________ ___________ ___________ ___________ ___________ ___________
EXP. DATE: __/___ CARD CODE: ___________

CALL, FAX OR MAIL ORDERS TO:
The Change Companies
Toll-free: 888-889-8866
Fax: 775-885-0643
5221 Sigstrom Drive
Carson City, NV 89706
Ordering hours M-F, 6:30a-3:00p PT
Fax orders accepted 24 hours a day

changecompanies.net/products