GETTING IT RIGHT
reentry program

STRUCTURED PROGRAMMING FOR SUCCESSFUL TRANSITION AND COMMUNITY INTEGRATION

Providing evidence-based strategies for individuals leaving the criminal justice system

Personal Growth

Responsible Thinking

Managing My Life

Relapse Prevention

Change Plan

The Change Companies

888-889-8866  |  www.changecompanies.net

Included in SAMHSA's National Registry of Evidence-based Programs and Practices
The *Getting it Right: Contributing to the Community* Program applies the latest research in criminal justice and personal change theory for participants preparing to leave the criminal justice system. The program incorporates cognitive-behavioral therapy, the Transtheoretical Model of Behavior Change, Social Learning Theory, Motivational Interviewing Techniques and *Interactive Journaling*, providing structured programming to facilitate successful transition and community reintegration.

### Personal Growth

*Item #: T1 | 72 pages | $8.10*

*Corresponding Facilitator Guide Item #: T1-F • $20.00*

This Journal helps prepare individuals to make the most of their first few months in transition. Topics covered include establishing and maintaining healthy relationships, the roles and responsibilities of being a productive family member and better understanding of the role feelings play in day-to-day life.

### Responsible Thinking

*Item #: T2 | 24 pages | $2.70*

*Corresponding Facilitator Guide Item #: T2-F • $20.00*

This Journal encourages participants to examine eight basic thinking errors that lead to criminal behavior. It emphasizes individuals’ abilities to change how they think in order to alter their attitudes and behaviors.

### Managing My Life

*Item #: T3 | 56 pages | $6.30*

*Corresponding Facilitator Guide Item #: T3-F • $20.00*

This Journal focuses on successful living skills. Financial responsibility, time management, legal issues, employment and coping skills are covered. Participants complete a personal transition plan and work on developing 10 healthy habits for successful living.
**Relapse Prevention**
Item #: T4 | 48 pages | $5.40

**Corresponding Facilitator Guide Item #: T4-F • $20.00**

This Journal provides participants with tools to identify the pattern of relapse and to interrupt that pattern before they slip back into criminogenic behaviors. Participants build a relapse prevention plan to help maintain motivation and skills for responsible living.

**Change Plan**
Item #: T5 | 56 pages | $6.30

**Corresponding Facilitator Guide Item #: T4-F • $20.00**

Based on the Transtheoretical Model, this Journal incorporates proven strategies for behavior change. As they build their personalized plans, participants are given a consistent message that positive change is possible, and they are responsible for making it happen.

**Passport To Action**
Item #: PP | 40 pages | $.95

*Passport To Action* is a supplemental piece to the *Getting it Right* Program. This pocket-size resource supports participants’ ongoing efforts to make positive life changes. *Passport To Action* helps participants prepare for their transition to the community and includes sections on setting priorities, legal issues, employment, budget, healthcare and family.

**Getting it Right Facilitator Guides**
$20.00 each | $80.00 for complete set

Each *Getting it Right* Facilitator Guide contains tips to maximize the use of the Journals in group settings. It also provides facilitators with activities, handouts, role-playing exercises, group discussion topics and research facts for all Journals.
## GETTING IT RIGHT: CONTRIBUTING TO THE COMMUNITY

### ORDER FORM

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**SUBTOTAL**

**DOMESTIC SHIPPING AND HANDLING 7.5% (MIN. $7.50)**

**TAX (CA, CO, IN, MO, NM, NV, TN, WA)**

**TOTAL**

Minimum quantity for Participant Journals is 25

Packages will be shipped by ground services the same day your order is received.

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**CALL, FAX OR MAIL ORDERS TO:**

The Change Companies®

Toll-free: 888-889-8866
Fax: 775-885-0643
5221 Sigstrom Drive
Carson City, NV 89706

Ordering hours M-F, 6:30a-3:00p PT
Fax orders accepted 24 hours a day