Programming for Successful Transition and Community Reintegration

Providing evidence-based strategies for individuals leaving the justice system
The *Getting it Right* Reentry Program applies the latest research in criminal justice and personal change theory for participants preparing to leave the criminal justice system. The program incorporates cognitive-behavioral therapy, the Transtheoretical Model of Behavior Change, Social Learning Theory, Motivational Interviewing techniques and *Interactive Journaling*, providing structured programming to facilitate successful transition and community reintegration.

**Personal Growth**
Item #: NT1 | 72 pages | $8.10  
Corresponding Facilitator Guide Item #: NT1-F • $20.00

This Journal helps prepare individuals to make the most of their first few months in transition. Topics covered include establishing and maintaining healthy relationships, family reintegration, exploring the ripple effects of responsible irresponsible behavior, improving communication and managing difficult feelings.

**Responsible Thinking**
Item #: NT2 | 32 pages | $3.60  
Corresponding Facilitator Guide Item #: NT2-F • $20.00

This Journal emphasizes individuals’ abilities to change how they think in order to alter their attitudes and behaviors. Participants practice several strategies for challenging irrational thinking, and examine eight basic thinking errors that lead to criminal behavior.

**Managing My Life**
Item #: NT3 | 56 pages | $6.30  
Corresponding Facilitator Guide Item #: NT3-F • $20.00

This Journal focuses on successful living skills. Financial responsibility, time management, physical health, living arrangements, legal issues, employment and coping skills are covered. Participants also work on developing 10 good habits for success.
Maintaining Positive Change
Item #: NT4 | 48 pages | $5.40
Corresponding Facilitator Guide Item #: NT4-F • $20.00

This Journal provides participants with multiple strategies to help them stay on track with their positive changes and prepare for warning signs that could lead them away from their change efforts. They develop a plan to help them maintain positive change for a successful transition to the community.

Change Plan
Item #: NT5 | 48 pages | $5.40
Corresponding Facilitator Guide Item #: NT5-F • $20.00

Based on the Transtheoretical Model, this Journal incorporates proven strategies for behavior change. As they build their personalized plans, participants are given a consistent message that positive change is possible, and they are responsible for making it happen.

Passport To Action
Item #: NPP | 36 pages | $.95

Passport To Action is a supplemental piece to the Getting it Right Program. This pocket-size resource supports participants’ ongoing efforts to make positive life changes. Passport To Action helps participants prepare for their transition to the community and includes sections on setting priorities, legal issues, employment, budget, healthcare and family.

Getting it Right Facilitator Guides
$20.00 each | $80.00 for complete set ($20 savings!)

Each Getting it Right Facilitator Guide contains tips to maximize the use of the Journals in group settings. It also provides facilitators with activities, role-playing exercises, group discussion topics and research facts for all Journals.
# Getting it Right Reentry Program

## Order Form

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**ITEM # FACILITATOR GUIDES**

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**Minimum quantity for Participant Journals is 25**

**Packages will be shipped by ground services the same day your order is received.**

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**CALL, FAX OR MAIL ORDERS TO:**

The Change Companies

Toll-free: 888-889-8866
Fax: 775-885-0643
5221 Sigstrom Drive
Carson City, NV 89706

Ordering hours M-F, 6:30a-3:00p PT
Fax orders accepted 24 hours a day

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