



DOING THE
MOST GOOD™

THE SALVATION ARMY

REFLECTIVE BIBLE COURSE

"The Spirit of the Sovereign LORD is on me, because the LORD has anointed me to proclaim good news to the poor. He has sent me to bind up the brokenhearted, to proclaim freedom for the captives and release from darkness for the prisoners."

ISAIAH 61:1

The Salvation Army's Reflective Bible Course is now available, offering five Journals for participants and one Trainer Guide for chaplains and group leaders.

This course is modeled in an Interactive Journaling® format that guides participants through structured and experiential writing. Journaling activities, reflective exercises and engaging Scripture all assist participants in growing in their relationships with God. Participants are led through the five-stage Transtheoretical Model of Behavior Change in order to help them create goals and live the transforming good news of salvation through Jesus Christ. This course shows how biblical texts are living documents that speak to us today, that help guide and support participants through life's transformations, struggles and joys.



BEGINNING YOUR JOURNEY

This Journal explores one's personal reasons for participating in the Reflective Bible Course and the personal reasons for making life changes. Participants are given opportunities to better understand God's role in their lives, as well as how God and others see them. Exercises prompt reflection on past choices, current experiences and future goals for change.

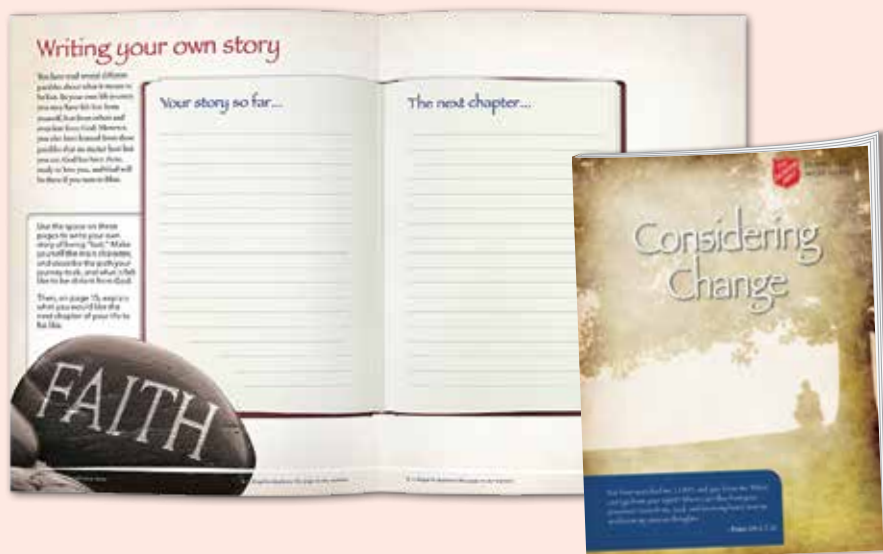
16-page Journal

Item #: NS1

CONSIDERING CHANGE

This Journal asks participants to take an in-depth look at what they truly want. Participants explore the consequences of pursuing temptations. The Parable of the Prodigal Son is used as an illustration to show God's unconditional love for us, regardless of our choices.

16-page Journal
Item #: NS2



TAKING THE NEXT STEP

In this Journal, participants are given opportunities to look at their purpose as one of God's children. They focus on their strengths for making necessary changes to fulfill this purpose and recognize that, no matter what choices they have made, they are beloved in the eyes of God. The conversion of Paul is used to illustrate how change can happen unexpectedly and, if change is accepted, it can lead to a strength never before imagined.

16-page Journal
Item #: NS3



ON THE PATH

This Journal explores the ABCs of salvation: Admit your sins, Believe in Christ and Confess who you really are. Many biblical illustrations are used to help participants better understand the importance of being honest with themselves as well as with how God sees them.

16-page Journal
Item #: NS4

CARRYING ON

This Journal is designed to help participants maintain the changes they have made and remain committed to making positive changes in the future. Since there are many ways to lose sight of God and the importance of being obedient, this Journal helps participants stay focused on their goals. It also reminds them of ways to remain grateful for what they have. The Lord's Prayer is used as a model for remaining faithful and prayerful throughout one's spiritual journey.

16-page Journal

Item #: NS5



The goal of this Journal series is to help participants create or improve their relationships with God through Jesus Christ and, in doing so, support positive change in their lives that reflects their spiritual growth. Each Journal uses reflective biblical engagement to help participants explore their past choices through reflection and prayer. At the end of each Journal, participants have space to present their reflections in the light of God's love and a gospel message of salvation.

THE SALVATION ARMY REFLECTIVE BIBLE COURSE TRAINER GUIDE

This Trainer Guide assists spiritual leaders in helping participants work through The Salvation Army Reflective Bible Course. The Trainer Guide can assist those leading a group of participants through the course in meetings or those offering guidance via written feedback. Included in this Trainer Guide are tips for responding to participants' Journals or facilitating group meetings, additional details on important Scripture from the Journals and brief opportunities for prayerful reflection for the spiritual leaders to grow in their own faith journeys.

Item #: NSTG



To order, call Jill at **1-888-889-8866**
or send an email to **jtharpe@changecompanies.net**

THE SALVATION ARMY

REFLECTIVE BIBLE COURSE

Item #	Item Title	Quantity		Unit Price		Total
NS1	Reflective Bible Course: Beginning Your Journey		x	\$2.05 25 minimum	=	
NS2	Reflective Bible Course: Considering Change		x	\$2.05 25 minimum	=	
NS3	Reflective Bible Course: Taking the Next Step		x	\$2.05 25 minimum	=	
NS4	Reflective Bible Course: On the Path		x	\$2.05 25 minimum	=	
NS5	Reflective Bible Course: Carrying On		x	\$2.05 25 minimum	=	
NSTG	Reflective Bible Course: Trainer Guide		x	\$35.00	=	
Subtotal						
Domestic shipping and handling 7.5% (Minimum of \$7.50)						
Total						

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Version 1.0