The **Change** Companies<sup>®</sup>

## THRESHOLD faith-based reentry program

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### A SIX-MONTH JOURNEY TO SPIRITUAL GROWTH AND UNDERSTANDING

Preparing for reentry through participants' own faith tradition

> The Threshold Program Phase 1: Orientation

As I prepare for the heat pluase of my life, I want to establish a foculation to guide my journey. The further along I get in my journey, the more my life will thewish with my

Classes because a

The Threshold Program Phase 2: Personal Growth & Development

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The Threshold Program

Phase 3:

Relationships



Threshold

**Facilitator Guide** 

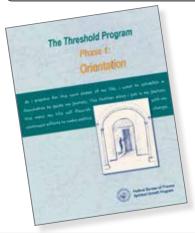


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# THRESHOLD JOURNAL SERIES

### Available in Spanish

The Threshold Program helps participants follow a pathway that strengthens their spiritual understanding and growth. It is unique in that it encourages participants to address major life issues from the perspective of their own religious tradition. Throughout the six-month program, participants prepare for the challenges and opportunities of reentry by tapping into the sacred stories, teachings and traditions of their own faith. Individuals not connected with a religious tradition may participate from a personal values-based perspective.



#### **Phase 1: Orientation**

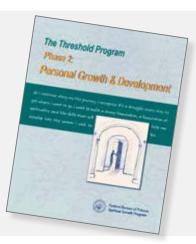
#### Item #: THO1 | 40 pages | \$5.20

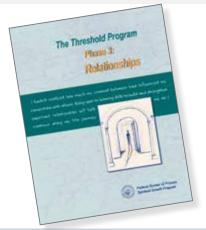
This Journal helps individuals get started on their spiritual journey and delivers an overview of the core concepts of the Threshold program. Participants will learn what they can expect during the next six months and what will be expected of them.

#### **Phase 2: Personal Growth & Development**

Item #: THO2 | 64 pages | \$7.35

This Journal helps participants continue to build a strong spiritual foundation. This phase covers spirituality, following your moral compass and managing emotions. Participants will also conduct a self-exploration of where they are in their relationships with self, others and God (or the name that fits the participant's tradition).





### **Phase 3: Relationships**

Item #: THO3 | 48 pages | \$5.95

In this Journal, participants practice life skills to help them make good choices and form healthy connections on their life's journey. Topics covered include roadblocks, accountability, destructive behaviors, time management, wellness and eight healthy habits for a spiritual journey.

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#### **Threshold Planner**

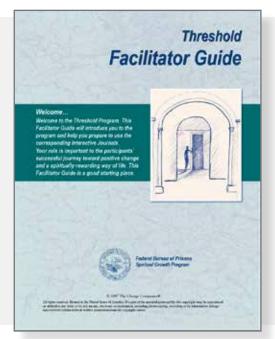
#### Item #: THPO | 32 pages | \$2.95

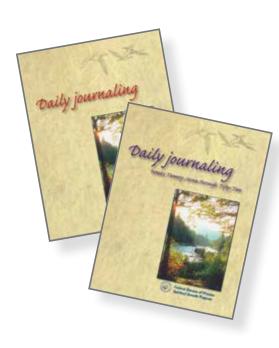
The Threshold Planner is a pocket-sized tool that, once completed, serves as a helpful resource upon participants' release to the community. The planner includes a transition checklist, important phone numbers, space to fill out a monthly schedule, legal aid, an employment plan, a financial plan, medical and dental information, child custody information and space for setting reentry goals.

### **Threshold Facilitator Guide**

Item #: THG | 55 pages | \$35.00

The Threshold Facilitator Guide introduces facilitators to the Threshold Program and helps them prepare to use the corresponding Journals with participants. Facilitators will receive insights on how to guide participants through a successful journey toward positive change and a spiritually rewarding way of life.





### Daily Journaling 1 & 2

Daily Journaling 1 – Item #: THJO-1 Daily Journaling 2 – Item #: THJO-2 60 pages each | \$8.80 each

These supplemental Journals are a space for participants to record their daily thoughts and feelings and expand on what they are thinking about in the Threshold Program. The Journals are beautifully illustrated with scenes from nature and each page includes an inspirational quote and insights on the topic for that week. Journal 1 is for use in weeks 1-26 of the Threshold Program and, for one-year programs or as an additional transition resource, Journal 2 may be used for weeks 27-52.

### Toll-free: 888-889-8866

### **THRESHOLD** ORDER FORM

ITEM #	PRODUCTS	Minimum quantity for Participant Journals is 25	QUANTITY	UNIT PRICE	TOTAL
THO1	Phase 1: Orientation			x \$5.20	=
THO2	Phase 2: Personal Growth & Development			x \$7.35	=
THO3	Phase 3: Relationships			x \$5.95	=
THPO	Threshold Planner			x \$2.95	=
THG	Threshold Facilitator Guide			x \$35.00	=
THJO-1	Daily Journaling 1			x \$8.80	=
THJO-2	Daily Journaling 2			x \$8.80	=
	·			SUBTOTAL	
	DOMESTIC S&H 7.5% (MIN. \$7.50)				
	Packages will be shipped by ground	d by ground	TAX (CA, CO, DC, IN, MO, NM, NV, TN, WA)		

services the same day your order is

TOTAL

DATE	PO# (IF REQUIRED)				
NAME	PHONE				
SITE NAME					
ADDRESS					
CITY	STATE	ZIP			
EMAIL					

Check, Money Order Visa MasterCard American Express	
NAME/COMPANY ON CARD	CALL, FAX OR MAIL ORDERS TO:
	C The <b>Change</b> Companies
BILLING ADDRESS ON CARD	Toll-free: 888-889-8866 Fax: 775-885-0643 5221 Sigstrom Drive
	Carson City, NV 89706
CARD #	Ordering hours M-F, 6:30a-3:00p PT
EXP. DATE: / CARD CODE:	Fax orders accepted 24 hours a day

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